

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the

month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Returns in September

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

23rd Sunday in Ordinary Time September 7/8, 2024



PLEASE PRAY FOR OUR SICK:

Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Maria Bruno, Devin Bursay, Sandy Cano, Frank Chauvin, Candy Craigen, Clare Dashney, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, John Kremer, Cornelius Kroon, Tony Lim, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Gerarda Staples

Our prayer list will reset on Sept. 30. To retain someone on the list or to add someone, please contact the office.

MASS INTENTIONS

Sat., Sept. 14 Anne Smith by Pauline Willey; **Tues., Sept. 17** Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Wed., Sept. 18** Ralph Sierakowski & parents by Yvonne Bennett; **Thurs., Sept. 19** Mr. & Mrs. Tony Brennan and Barbara by their family; **Sat., Sept. 21** Dermot Nally by Pauline Willey

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend.

EVENTS/MEETINGS

Sept. 1 - Oct. 4 Season of Creation

Fri., Sept. 6 Youth Group, 7pm

Thurs., Sept. 12 Lector's Workshop, 7pm

Sept. 15/16 Season of Creation Mass, Sat., 5pm & Sun., 10am

Sun., Sept. 16 Lunch and Learn, *Laudato Si'*, after Mass

Thurs., Sept. 26 Feast of Canadian Martyrs Mass, 7pm

Sun., Sept. 29 Mass with Kateri Native Ministry, 10am

Our Parish News

507 SANDWICH CLUB

The 507 Sandwich Club will resume making sandwiches weekly on Thursdays for [Centre 507](#) starting on **September 5**. Please sign up by [clicking here](#). If you would like more information about this parish initiative, please email, cmpsandwich507@gmail.com. Many thanks to all who keep this initiative running!

EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by **September 9** for our September 2024 issue.

LECTORS WORKSHOP

A lectors workshop will be held on Thursday, **September 12** at 7pm. Please email or call the office if you would like to attend.

SEASON OF CREATION MASS

Our parish's Season of Creation Mass will be celebrated on the weekend of **September 14/15** at both the 5pm and 10am Masses. We will hold this liturgy as part of the ecumenical Season of Creation, a season of prayer and action for our common home, that takes place every year from September 1 to October 4.

LUNCH AND LEARN

We are vitally connected with nature and depend on it for everything we need to sustain ourselves: clean air and water, healthy food, and restorative natural areas. Together, we can all take steps that protect our common home and promote healthy communities inside and outside of congregational walls. Come to the Lunch and Learn after Mass on **September 15** to find out how our committees and ministries are responding to the Diocese's Care for Creation: Seven Year Plan.

FEAST OF CANADIAN MARTYRS MASS

There will be a Mass on Thursday, **September 26** at 7pm on the Feast of Canadian Martyrs followed by a reception in the parish centre. Join us!

CONFIRMATION PREPARATION

If your child is in grade 6 or older, please discuss with them if they would like to continue their faith journey with us this fall. Sessions will run on Saturdays at 3pm. The first session is a parents-only session on **September 28**. Please [register here](#), or [email](#) Adele.

CHILDREN'S LITURGY OF THE WORD

We are seeking enthusiastic leaders for our Children's Liturgy of the Word on Sundays! No experience is necessary - just a passion for helping young people explore scripture and experience God's boundless love. For more details or to volunteer, please contact Heather or Adele in the office. Let's inspire our children together!

RCIA PROCESS

Are you or someone you know interested in becoming fully initiated into the Catholic Church? Our RCIA (Rite of Christian Initiation of Adults) process welcomes you to join us on a journey of faith and discovery as we explore the richness of the Catholic faith. Our sessions begin in September and continue until Pentecost, meeting on Sundays after Mass. Together, we will break open the Word, delve into Catholic teachings and traditions, and engage in meaningful dialogue. We are here to walk this path with you! Please contact the office for more information.

SUNDAY HOSPITALITY

Do you like to socialize after Sunday Mass? Perhaps you would like to **volunteer** to make the tea/coffee and set out the cookies and clean up afterwards on one Sunday a month. Please email or call the office if you are interested. We will also gladly receive **donations of peanut-free cookies** as our cookie bins are getting empty! Thank you!

CENTRETOWN COMMUNITY FOOD CENTRE

The [Centretown Community Food Centre](#) is in need of egg cartons so that they can repackage eggs that are bought in bulk. Please drop off your egg cartons and non-perishable food items in the bins in the church foyer. The Centretown Community Food Centre is now providing food for over 1,500 people each month, up over 50% since this time last year. As an organization that is funded entirely through donations, they rely on those who support them financially and with food donations. Thank you for being part of their community of support.



Diocesan and Community News

ALPHA EXPERIENCE

Would you like to explore the big questions of life, meaning, and faith? Try the Alpha Experience. Starting Monday, **September 16** from 7 - 9pm. Coffee and snacks are provided. Meet at St. Mary's Parish Hall, 100 Young St. Enter from the door nearest the rear parking lot. Register through the link: <https://tinyurl.com/stmarysalpha>

CLIMATE MARCH

This September, Fridays for Future Ottawa-Gatineau is calling out seven organizations that are blocking effective climate policy, spreading misinformation, and providing funding to the disastrous fossil fuel industry. On Saturday, **September 21** at 11am a group from our parish will be joining the march to the downtown locations of these climate culprits standing in the way of climate action. They will be meeting at the south side of City Hall (Lisgar Street) at 10:45am. Join them! For more info, [click here](#).

THE MAIN EVENT IS BACK!

Community party and garage sale at The Grand Allée (along Main Street) from 10am - 3pm on Saturday, **September 21**. More information coming soon, available at: <https://www.OttawaEastCAG.ca/main-event-2024>

MARIAN APPROACHES TO SYNODALITY

This one-hour free webinar presented by Novalis on Tuesday, **September 24** at 10am, with guest speaker, Josephine Lombardi, will discuss how synodality calls the Church to listen, understand, and act in a way that embraces people in the spirit and style of Mary, an exemplar for the process of walking together and women's leadership. Dr. Lombardi names Mary as a 'synodal way' and 'accompanying witness' to the spirit's guidance of the synodal process. Her book, [Marian Approaches to Synodality](#), tells us to listen to her Son, to the spirit - essential for discerning topics like the role of women in the Church. A time of Q&A from the audience will follow the discussion. [Registration is required](#).

WOMEN PARTICIPATION IN LEADERSHIP AND GOVERNANCE IN A SYNODAL CHURCH

As the XVI General Ordinary Synod of Bishops on the theme of Synodality is to commence its second Assembly in Rome from October 2 - 27 2024 in Rome, this webinar, on Thursday, **September 25** from 2 to 3:15pm attends to the voice of the people of God from around the world calling for an increased participation of all faithful and in particular women in leadership and governance of the

church. The webinar will attend to the theological foundation, the canonical possibilities already present, the challenges that the Synod faces, and the contribution canon law can make. To register, [click here](#).

CUP OF LIGHT RETREAT

Come fill your cup, nourish your heart, enlighten your soul and relax your mind at Galilee Center, Arnprior on **September 27-28**. Join the author of *Cup of Light! Inspiration and Reflection Along the Spiritual Path*, Karen Lahaise, for an illuminating 24-hour retreat. Together we will follow the course of sunlight as we reflect on Divine Presence throughout the phases of our own lives. You can purchase a copy of Karen's book at the retreat (\$20), or in advance at the Galilee Centre, Indigo Pinecrest, Perfect Books (Elgin St.), or Amazon. [Click here](#) to register online or call the Galilee office at 613-623-4242 x 21. Cost: \$165 per person

LAUNCH OF D&P'S FALL CAMPAIGN

On Saturday, **September 28** at 1:30pm via Zoom, join Development & Peace and their special guests for the national launch of their fall campaign focused on the rights of peasants - *Reaping our Rights!* [Register here](#).

WORLD DAY FOR MIGRANTS AND REFUGEES

On **September 29**, we observe the World Day for Migrants and Refugees. "God walks with His people", is the title chosen by Pope Francis for this day. Pope Francis reminds us that we are all migrants on this Earth, on our respective spiritual journeys, and he invites all people of goodwill to organize initiatives with migrants, refugees and vulnerable people to walk together. Watch the Pope's [special appeal here](#).

ORANGE SHIRT DAY

The Caring Society is pleased to partner again with Assembly of Seven Generations (A7G) and Beechwood Cemetery to offer another year of activities to honour Orange Shirt Day on **September 30**. They will be offering Reconciling History walking tours, film showings, and other activities to learn about the past and take action toward reconciliation. Join them from 2 to 5pm at the Beechwood National Cemetery for an afternoon of activities to honour Orange Shirt Day. [Register here](#).



**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)

September 1 - October 4



“Do we hear the pain of the millions of victims of environmental catastrophes?” This is one of the questions Pope Francis asks us in the month of September, as we pray for the cry of the Earth.

“The ones suffering most from the consequences of these disasters are the poor,” who are forced to leave their homes when they are affected.

In [The Pope Video](#), produced by the Pope’s Worldwide Prayer Network, Pope Francis encourages us to actively get involved in the fight against this global crisis, by adopting ecological as well as economic, social and political responses.

“Let us pray that each of us listen with our hearts to the cry of the Earth and of the victims of environmental disasters and the climate crisis, making a personal commitment to care for the world we inhabit.”

“Let us pray for the cry of the Earth. If we took the planet’s temperature, it will tell us that the Earth has a fever and it is sick, just like anyone who’s sick. But are we listening to this pain? Do we hear the pain of the millions of victims of environmental catastrophes? The ones suffering most from the consequences of these disasters are the poor, those who are forced to leave their homes because of floods, heat waves or drought. Dealing with the environmental crisis caused by humans, such as climate change, pollution or the loss of biodiversity, begs responses that are not only ecological, but are also social, economic and political. We must commit ourselves to the fight against poverty and the protection of nature, changing our personal and community habits.

Let us pray that each of us listen with our hearts to the cry of the Earth and of the victims of environmental disasters and climate change, making a personal commitment to care for the world we inhabit.” - Pope Francis

But ask the animals, and they will teach you.
Or ask the birds of the air, and they will tell you.
Speak to the earth, and it will teach you.
Or let the fish of the sea tell you.

Every one of these knows that the hand of the Lord has done this.
The life of every creature and the breath of all people are in God’s hand.
- Job 12:7-10



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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).