

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word
[via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

31st Sunday in Ordinary Time November 2/3 2024



PRAYERS FOR THOSE WHO ARE ILL:

Carol Bazinet, Isabella Boles, Devin Bursey, Frank Chauvin, Nathalie Comeau, Candy Craigen, Fernando Ferelli, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Cornelius Kroon, Wayne MacDonald, John Peart, Adrian Poplawski, Fr. Vaughan Quinn, Br. Len Rego

MASS INTENTIONS

Thurs., Nov. 7 Cynthia Habenicht by the Paul family; **Fri., Nov. 8** Rita Denneny by Margaret Denneny; **Sat., Nov. 9** Robert Remillard by his family; **Tues., Nov. 12** Edward Gasnick by Sheila Gasnick; **Fri., Nov. 15** Maryna Nowosielski by Susanne Shaftoe; **Wed., Nov. 20** Blair McMinn by Margaret Denneny; **Thurs., Nov. 21** Dr. Peter & Mrs. Antoinette Prud/homme by the Prud'homme family; **Fri., Nov. 22** Maurice Lapierre by Margaret Denneny; **Sat., Nov. 23** Harold Allen by Robert & Brian Allen; **Thurs., Nov. 28** Maurice Lapierre by Margaret Denneny; **Sat., Nov. 30** Dan & Lorna Kelly by Connie Kelly

EVENTS/MEETINGS

Sat., Nov. 2 Memorial Mass, 5pm

Sat., Nov. 2 Pizza Night after Mass

Thurs., Nov. 7 Pastoral Council, 7pm

Wed., Nov. 20 Ottawa Guitar Society Concert, 7:30pm

Nov. 23/24 Deliver your Christmas shoeboxes

Sun., Nov. 24 Confirmation at 10am Mass

Fri., Nov. 29 Youth Group, 7pm

Our Parish News

REFLECTIONS ON THE SYNOD ON SYNODALITY

Our parishioners are cordially invited to attend a panel discussion about the recent Synod on Synodality (or join via Zoom), offered by Sr. Nathalie Becquart and Dr. Catherine Clifford. Sr. Nathalie is the undersecretary of the Synod office at the Vatican, and Dr. Clifford, our fellow parishioner and theology professor at SPU, was a voting member during the recent Synod that ended a week ago. The panel discussion is scheduled for 7pm on Tuesday, **November 5**, at Saint Paul University. 223 Main St. It is sponsored by the SPU Faculty of Canon Law, Faculty of Theology, and Vatican II Centre. There will be time for Q&A. A reception will follow. To register, [click here](#).

EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by **November 15** for our Advent 2024 issue.

CANADIAN MARTYRS PARISH PASTORAL COUNCIL - CALL FOR NOMINATIONS

As we move towards the end of the year (already!), PPC is putting out the call for nominations of new members. Parish Council supports the work of the Pastoral Team and, in consultation with parishioners, helps to shape the future directions of the parish. Please consider who you think might be a suitable candidate and fill out one of the nomination forms that you will find on the Welcome Table in the church foyer. Contact a member of the PPC or the parish office, if you have any questions.

CAMPAIGN LIFE CHRISTMAS FRUITCAKES

Please order your Christmas cakes made by the Monks of Abbay Val Notre Dame by [clicking here](#) or by using the order form on the Welcome Table and drop off payment to the office by Sunday, **November 24**. The parish is only taking orders for the 600g cakes for \$25. Please pay with cash or cheque. Make cheques payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December.

SUNDAY MISSALS

Sunday Missals for 2025 will be available for sale after Masses this weekend for \$5. Please have the correct change, if possible.

CHRISTMAS SHOEBOXES

This year, we are once again inviting families to make up a shoebox for youth in need in Ottawa. Please bring your unwrapped, filled shoeboxes to the parish by **November 23/24** and we will make sure they get into grateful hands by Christmas. Thank you in advance for helping us to spread the cheer this Christmas!! See page 4 of the bulletin for more details or the flyers at the entrances of the church.

PRAYER PARTNERS

Thank you to all those who are remembering our ten confirmation candidates in daily prayer. There are still a few prayer partner cards on the table in the breezeway. Please take one of these cards if you would like to support one of these young people during the 3 weeks of preparation which remain. Our community will celebrate the Sacrament of Confirmation at the 10am. Mass on Sunday, **November 24**, Christ the King and World Day of Youth.

INDIGENOUS RECONCILIATION FUND

During the last two years, your generosity has helped the Archdiocese of Ottawa-Cornwall raise more than \$950,000 for the Indigenous Reconciliation Fund (IRF). This money has allowed many worthy projects in our community to receive grants from the IRF. They have included an ongoing Equine Assisted Learning program with Ojibwe Spirit Horses, a confirmation class visiting the tomb of Saint Kateri, the translation of a Catholic hymnal into Mohawk, a Métis art exhibition, Algonquin and Mohawk language revitalization and on it goes. Our goal is \$1.2 million, and with your support for the upcoming special collection the weekend of **November 2 & 3**, we will reach our goal this year (2 years ahead of schedule) and allow many more exciting and important projects to be funded. Together, we, non-Indigenous and Indigenous, can continue the journey toward healing. For more info about the IRF, the projects or to donate today go to journeyforhealing.ca.

SEPTEMBER COLLECTION

Collection:	\$ 10,247.68
Direct Deposit (EFT):	\$ 7,430.00
Canada Helps:	\$ 2,291.12
Total:	\$ 19,968.80
Average monthly expenses:	\$ 22,576.00

Diocesan and Community News

PRAY FOR THE SYNOD

In his Mass concluding the Synod on Synodality on October 27, 2024, Pope Francis preached: “We follow the Lord along the way, we do not follow him enclosed in our comforts or we do not follow him in the mazes of our minds. We follow him only along the way. Let us remember never to walk alone or according to worldly criteria, but to walk on the way alongside him.

Brothers and sisters, not a seated Church, but a Church on her feet. Not a silent Church, but a Church that embraces the cry of humanity. Not a blind Church, but a Church, enlightened by Christ, that brings the light of the Gospel to others. Not a static Church, but a missionary Church that walks with her Lord through the streets of the world.”

OTTAWA CHORAL SOCIETY CONCERT

In Paradisum, on Sunday, **November 3** at 3pm at St. François d'Assise Church, 20 Fairmont Avenue, will feature Maurice Duruflé's *Requiem* for choir, organ, mezzo-soprano and baritone. Also on the program will be the highly regarded *Litanies à la vierge noire*. These French classics will be accompanied by several works by Canadian composers. Matthew Larkin will be the organist. For more info and tickets, [click here](#).

LET'S TALK ABOUT TRUST IN CANADA

“Let's Talk About Trust in Canada: The Churches and Indigenous Peoples”, Monday **November 4** at 2pm - 4pm in the Multipurpose Room at Saint Paul University, 223 Main St. Free public admission to the panel.

BEADED POPPY WORKSHOP

In this 3-hour beaded poppy workshop on Wednesday, **November 6**, 5:30 - 8:30pm at 1 Elgin St, in the NAC's Atelier Shenkman Smith, which is located across from the box office, you will learn how to make a simple beaded poppy for Indigenous Veterans' Day and Remembrance Day. Suitable for beginner and experienced beaders alike, ages 16 and up. Basic sewing experience recommended. Tickets (\$50 each) for this workshop can be [booked here](#).

LISTENING TO GOD THROUGH HIS CREATION

On Wednesday, **November 6**, 6:30 - 8:30pm at St. Basil's Parish, 940 Rex Ave., join Bishop Yvan Mathieu S.M. for [a mini-retreat](#) as he sheds new light on the Book of Genesis and how this ancient text is relevant today and is reflected in both *Laudato Si'* and *Laudate Deum*. The evening will be an opportunity to pause, reflect, share and recalibrate. All are welcome.

RENEWED IN LITURGY

Come rediscover the meaning, history, beauty, and power of the Mass through the Renewed in Liturgy series. Sessions are on Fridays: **November 8, 15 and 22**, 7 - 9pm at the Queen of the Most Holy Rosary Parish, 20 Grant St. with speakers, Bishop Scott McCaig, Fr. Sean Wenger, and Fr. Daniel Van Delst. Free. Please register online at www.renewedinliturgy.com or for more: 613-355-6023.

INDIGENOUS VETERANS DAY, **NOVEMBER 8**

To learn more, visit these links:

[Indigenous Women in Service](#)

[What is Indigenous Veterans Day?](#)

[Government of Canada—Indigenous Veterans](#)

[Equals on the Battlefield but not at Home](#)

PASAPKEDJIWANONG EXHIBIT

Pasapedjiwanong is a two-person exhibition by Mary Anne Barkhouse and Olivia Whetung. Housed in the building that the [Royal Canadian Geographical Society](#) occupies next to the juncture where the Rideau Falls cascade into the Ottawa River and overlooking the confluence of the Gatineau, Ottawa, and Rideau watersheds, the exhibit reflects on the turbulence, as well as beauty, of the history of the region. The works included in this exhibition consider the damage done to Indigenous homelands by industry, extraction, and colonialism. Exhibit runs from **November 12 - 24**, 10am - 4pm, (closed on Saturdays) at 50 Sussex Dr.

OTTAWA GUITAR SOCIETY CONCERT

The Ottawa Guitar Society is thrilled to present the Ukrainian virtuoso guitarist, Marko Topchii, as part of his North American tour. Join us for his first ever concert in Ottawa on Wednesday, **November 20** at 7:30pm at Canadian Martyrs Church. Tickets are available at the door (cash or card) and [online](#).

JUBILEE OF THE YEAR 2025

[The Ordinary Jubilee of the Year 2025](#) is an opportunity for all people to enter into a pilgrimage of hope. Whether we celebrate locally (in our dioceses, cathedrals or Canada's National Shrines) or make a pilgrimage to Rome, we are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old. The Vatican issued a decree outlining the many ways that Catholics can obtain [a plenary indulgence](#) during the 2025 Jubilee Year.



The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are once again inviting families to make up a shoebox for a youth in need in Ottawa. Below we have provided a list of items that you can include in your box for youth, ages 10-16.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves. We also are grateful for donations of hygiene items such as soap, deodorant, toothpaste and toothbrushes.

There is no time like the present ... we will need to collect the shoe boxes by **November 23/24** in order for the Centretown Community Health Centre to deliver them to families in need by Christmas. Please bring your filled shoeboxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need:

10-12 years old, 12-14 years old, 14-16 years old
(male, female, or non-binary)

Please include: a toothbrush, toothpaste, soap, hand towel or washcloth, hairbrush or comb

Suggested additional items:

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



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Photo: I



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.

PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).