

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

[via Zoom](#)

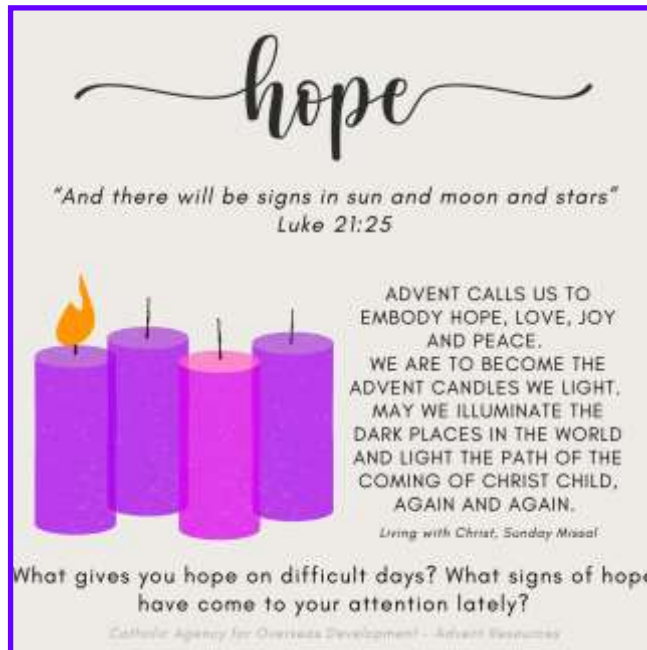
RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

1st Sunday of Advent

November 30/December 1, 2024



PRAYERS FOR THOSE WHO ARE ILL:

Carol Bazinet, Isabella Boles, Devin Bursey, Frank Chauvin, Nathalie Comeau, Candy Craigen, Fernando Ferelli, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Denise LaViolette, Tony Lim, Chris Litster, Wayne MacDonald, John Peart, Adrian Poplawski, Fr. Vaughan Quinn, Br. Len Rego

MASS INTENTIONS

Sat., Nov. 30 Dan & Lorna Kelly by Connie Kelly; **Thurs., Dec. 5** Dr. Peter and Mrs. Antoinette Prud'homme by the Prud'homme family; **Fri., Dec. 6** Edna Manion by Nancy MacDonald; **Sat., Dec. 7** Albert Casuga by Jason Dedo; **Tues., Dec. 10** Italina Marino by Norina Morris; **Wed., Dec. 11** Reine Paule & Ubald Remillard by their family; **Thurs., Dec. 12** Olga Staresinic by Margaret Denny; **Fri., Dec. 13** Pasquale Cotroneo by Lidia Cotroneo; **Sat., Dec. 14** Molly Chambers by her family; **Fri., Dec. 20** Fred Barnes by Margaret Denny

EVENTS/MEETINGS

Tues., Dec. 3 Advent Reconciliation Service, 7pm

Thurs., Dec. 5 Pastoral Council, 7pm

Fri., Dec. 6 Feast of the Immaculate Conception Mass, 4pm

Sat., Dec. 7 Advent Retreat, 10am

Sat., Dec. 7 Pageant photo shoot, 2pm

Sat., Dec. 7 Pizza night and carol singalong, after Mass

Our Parish News

ADVENT FOOD DRIVE

As you grocery shop this holiday season, think of those in need and pick up an extra non-perishable food item for the [Centretown Emergency Food Centre](#).

ADVENT RECONCILIATION LITURGY

You are invited to join us in the celebration of the Sacrament of Reconciliation on Tuesday, **December 3** at 7:00pm.

SOLEMNITY OF THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

December 8th is the Feast of the Immaculate Conception and, as she is the Patroness of the Oblate congregation, her Feast is an occasion for prayer and celebration in Oblate communities across the world. You are invited to join our Oblate community as they celebrate at Canadian Martyrs on Friday, **December 6** at 4pm.

ADVENT RETREAT

Join us for an Advent Retreat on Saturday, **December 7** from 10am - 12pm with Fr. Nnaemeka Ali. The theme for the retreat is "Do not urge me to leave you or to return from following you ... [for] your people shall be my people, and your God my God." Ruth 1:16-17

CHRISTMAS PAGEANT PHOTOSHOOT

Come join us as we recreate the story of our Saviour's birth in photos at the church on Saturday, **December 7** from 2-4pm. A slideshow will be created and shown during the Christmas Masses. If you are interested in participating, please [sign up here](#) or call/email the office.

PIZZA NIGHT AND CAROL SINGALONG

Join us on Saturday, **December 7** after Mass for our monthly pizza night with a twist! Join some of our choir members in singing some Christmas carols to get us in the Christmas spirit! Contribute to our dessert table, if you wish. See you there!

DIOCESAN NET RETREAT FOR TEENS

Teenagers in grades 9-12 are invited to "Into the Deep", a diocesan NET retreat exploring the big questions of life and what really matters on Saturday, **December 7** (10am-4:30pm) hosted at Our Lady of Mount Carmel Parish, 675 Gardenvale Rd. Throughout the day, teens will learn how a relationship with God answers our longing for meaning and hear from other young people whose own lives have been transformed. The cost is \$30/participant and includes

lunch. For more info, [click here](#). To register, [click here](#). There will be an identical retreat for grades 6-8 on Saturday, January 18.

THE CLOSET AT CENTRE 507

The Closet is a new clothing and home essentials service running at Centre. It serves about a dozen people per day and the average person picks up between six and 10 donated items. Community members say that the Closet isn't just keeping people warm and dry, it's also there when people have special needs like clothes for a job interview. Our dedicated volunteers act as personal shoppers to help each individual best meet their needs. Items most in demand: Men's shoes and boots (sizes 10-13), men's pants, winter coats (men's and women's) knapsacks, and sleeping bags. These items may be delivered to the church as we deliver sandwiches to Centre 507 weekly. Thank you!

HARMONY IN WINTER

A concert of classics and folk traditions arranged for voice, cello, and guitar on **December 14** at 7pm at Canadian Martyrs Church. All proceeds go to Polaris School's Financial Adjustment Program, supporting families in the Ottawa area. Tickets \$20 [in advance](#) or \$25 at the door.

VOCATION REFLECTION

"The Days are Coming" by Richard Beaudette, OMI
The readings for this first Sunday of Advent follow on the apocalyptic tone of the liturgy for the Solemnity of Christ the King last weekend. Jeremiah and Jesus speak of horrific experiences; Jesus says that people will 'faint from fear and foreboding of what is to come'. Other translations say people will die of fright.

As we begin this Advent season, we are challenged to ask ourselves: how will I allow grace to open and strengthen my heart and mind? How will I open my eyes to perceive the day of the Lord, to know that my words and actions make that day present in our world now? [Read the full reflection here](#).

Diocesan and Community News

THE GIFTS OF ADVENT

A special service, [The Gifts of Advent](#), at Knox Presbyterian Church, 120 Lisgar St., on Sunday, **December 1** at 2pm. The themes of hope, peace, joy and love will be shared with Word, choir, organ and carols. An offering will be received for the uOttawa Peter Bryce Indigenous Scholarship in Medicine. Everyone is welcome. City Hall parking: \$2.00

WINTER LIGHTS ACROSS CANADA

Starting on **December 5** until January 7, nearly 300,000 lights are installed in Canada's Capital Region, highlighting various sites and monuments and creating the pathway of lights for families and friends to explore. [Click here](#) for the pathway of lights map.

IMMACULATA CHRISTMAS CRAFT FAIR

Immaculata High School is running a Christmas craft fair to help out students in need within their school community and to ensure that all students get to pursue athletics, clubs, excursions, and activities, regardless of their financial situation. Come on out to support this great cause on **December 7**, 10am to 3pm at Immaculata High School, 140 Main St.

FANTASIA ON CHRISTMAS CAROLS

Come and join the Rideau Chorale for an evening of Bach cantatas, Christmas carols, and songs of wassail at 7:30pm on Saturday, **December 7** at Southminster United Church, 15 Aylmer Ave. The concert will feature *Fantasia on Christmas Carols* by Ralph Vaughan Williams. Join in on the carol sing-along and the good cheer! [Click here](#) to buy tickets.

ADVENT MEDITATIONS

Enjoy an evening of choral music and Advent meditations on Sunday, **December 8** at 7pm at St. Theresa Church, 95 Somerset St. W. Tickets are \$25 and proceeds from the event will support Jérôme Lejeune School, a newly established independent Catholic school in Ottawa. [Click here](#) to purchase tickets.

DISCERNING OUR VOTE IN POLITICALLY CHARGED TIMES

We live in an increasingly polarized world divided along political/ideological lines. Conscious of upcoming Canadian federal and provincial elections (as well as the tensions of the recent U.S. elections), Centre Oblat (with other organizations) is offering a contemplative space for

more discerning conversation in light of our faith. Join this online event, *Discerning our Vote in Politically Charged Times*, on Tuesday, **December 10**, from 5-7pm. For more info and to register (free), [click here](#).

LIGHT UP THE OLD TOWN HALL

Celebrate the holiday season with your Old Ottawa East community on Saturday, **December 14**, 3-5pm, at Old Town Hall, 61 Main Street! With activities for children and adults alike (Kid's movies and crafts and adult crafts, social and holiday cookie/treat exchange, snacks and drinks) everyone is welcome, no registration required! For more info, [click here](#).

THE BELLS OF DUBLIN CHRISTMAS CONCERT

Ottawa Choral Society's concert of Christmas music from Ireland with a delightful selection of music accompanied by fiddle, Celtic harp, uilleann pipes, tin flute and bodhranis is on Sunday, **December 15**, 3pm, at St. Francis of Assisi Church, 20 Fairmont Ave. There will also be a carol singalong. For tickets, [click here](#).

OCSB CHRISTMAS CONCERT

Enjoy a magical evening of music with the OCSB Children, Boys, and Chamber Choirs at their Christmas Concert! Monday, **December 16**, 7pm at St. Basil Church, 940 Rex Ave, Tickets: Adults: \$15, Seniors (60+): \$10 Children 18 and under: \$5. Don't miss this festive celebration of song!

SPIRITUAL BANQUET FOR JUBILEE YEAR

Get ready for the Jubilee Year 2025 with this series of spiritual reflections on Luke's Gospel at Sheng Shen (Holy Spirit) Chinese Parish, 1187 Michael Street North. Speaker: Bible scholar, Bishop Yvan Mathieu
Dates: Wednesday, **December 18**, 7-9pm (note date and time change) and Saturday, **January 11**, 10am-12pm
To register: parishoffice@ottawachinesecatholic.org

HOLIDAY DONATION DRIVE

The Society of St. Vincent de Paul is hoping that a collective effort among Ottawa churches can help spread holiday cheer and provide necessary support to those who need it most. Items they are hoping to collect include: warm clothing, children's toys, small furniture, and general household items to help create a warm and welcoming environment. Items can be delivered to the St. Vincent de Paul Thrift Shop at 1273 Wellington St. W. **Please do not bring donations to the church.**

Immaculata High School
140 Main St.
Proud Sponsors of
the Community
613-237-2001



Whelan Funeral Home
Sean P. Copeland
515 Cooper St.
613-233-1488



Because family matters.

Our specialists are ready to assist.

Kelly Funeral Homes • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255

Arbor Memorial Inc.



If you would like to advertise in our bulletin, please call or email the office.

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).