

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

32nd Sunday in Ordinary Time November 9/10 2024



Photo by Heather Duggan

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom
except last Monday of the
month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

[via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

PRAYERS FOR THOSE WHO ARE ILL:

Carol Bazinet, Isabella Boles, Devin Bursey, Albert Casuga, Frank Chauvin, Nathalie Comeau, Candy Craigen, Fernando Ferelli, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Cornelius Kroon, Tony Lim, Wayne MacDonald, John Peart, Adrian Poplawski, Fr. Vaughan Quinn, Br. Len Rego

MASS INTENTIONS

Sat., Nov. 9 Robert Remillard by his family; **Tues., Nov. 12** Edward Gasnick by Sheila Gasnick; **Thurs., Nov. 14** Pauline Gilmour by Yvonne Bennett; **Fri., Nov. 15** Maryna Nowosielski by Susanne Shaftoe; **Sat., Nov. 16** Willard Smith by Maryalice Nugent; **Wed., Nov. 20** Blair McMinn by Margaret Denny; **Thurs., Nov. 21** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Fri., Nov. 22** Maurice Lapierre by Margaret Denny; **Sat., Nov. 23** Harold Allen by Robert & Brian Allen; **Thurs., Nov. 28** Maurice Lapierre by Margaret Denny; **Sat., Nov. 30** Dan & Lorna Kelly by Connie Kelly

EVENTS/MEETINGS

Sun., Nov. 17 Lunch and Learn, 11:15am

Wed., Nov. 20 Ottawa Guitar Society Concert, 7:30pm

Nov. 23/24 Bring in your Christmas shoeboxes

Sun., Nov. 24 Confirmation at 10am Mass

Fri., Nov. 29 Youth Group, 7pm (help wrap the Christmas boxes)

Tues., Dec. 3 Advent Reconciliation Service, 7pm

Thurs., Dec. 5 Pastoral Council, 7pm

Sat., Dec. 7 Advent Retreat, 10am (details to follow)

Sat., Dec. 7 Pageant photo shoot, 2pm

Our Parish News

EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by **November 15** for our Advent 2024 issue.

LUNCH AND LEARN

Join us for an inspiring talk on Sunday, **November 17** after Mass with Susana Sandoz as she shares her family's extraordinary journey across the globe through her work with UNICEF. Susana will reveal how their experiences led to one powerful truth: despite our differences, we are all very much the same as human beings, despite our cultures, religions and aspirations, and hence we need to be united in a call to live in solidarity with our brothers and sisters around the world.

CANADIAN MARTYRS PARISH PASTORAL COUNCIL - CALL FOR NOMINATIONS

As we move towards the end of the year (already!), Parish Pastoral Council (PPC) is putting out the call for nominations of new members. The PPC is a consultative body of leaders that shares with the pastor and his team, the planning and coordinating of the overall policies and goals of the parish. Please consider who you think might be a suitable candidate and fill out one of the nomination forms that you will find on the Welcome Table in the church foyer. Contact a member of the PPC or the parish office, if you have any questions.

CAMPAIGN LIFE CHRISTMAS FRUITCAKES

Please order your 600g Christmas cakes (\$25) made by the Monks of Abbey Val Notre Dame by [clicking here](#) or by using the order form on the Welcome Table and drop off payment to the office by Sunday, **November 24**. Please pay with cash or cheque. Make cheques payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December.

CHRISTMAS SHOEBOXES

This year, we are once again inviting families to make up a shoebox for youth in need in Ottawa. Please bring your unwrapped, filled shoeboxes to the parish by **November 23/24** and we will make sure they get into grateful hands by Christmas. Thank you in advance for helping us to spread the cheer this Christmas!! See page 4 of the bulletin for more details or the flyers at the entrances of the church.

CONFIRMATION

Thank you to all those who are remembering our ten confirmation candidates in daily prayer. Our community will celebrate the Sacrament of Confirmation at the 10am. Mass on Sunday, **November 24**, Christ the King and World Day of Youth.

SUNDAY MISSALS

Sunday missals for 2025 are available for \$5 after Masses this weekend. Please have the correct change, if possible.

CENTRETOWN COMMUNITY FOOD CENTRE

We continue to collect non-perishable food items for the Centretown Community Food Centre. Please see their [website](#) for their most needed items. They are currently also in need of cloth grocery bags. Thank you for continued generosity.

FREE NATIVE PLANT SEEDS

Seeds from the plants in our pollinator garden are available for **free** in the breezeway. These are not hybrids so they will come true. The seeds need to go through a winter, so they should be planted now. Sprinkle them on the ground and cover them lightly with soil.

D&P STAND FOR THE LAND CAMPAIGN

For Development and Peace - Caritas Canada's *Create Hope: Stand for the Land* campaign, their partner ERIC-Radio Progreso has asked that we support the defenders of human rights and the environment in Honduras. Since 2015, the communities of Guapinol and the San Pedro sector have been fighting to preserve their rivers and the Carlos Escaleras National Park from mining. To find out more, visit devp.org/campaign.

This year's campaign aims to get the government of Canada to approve a legislation to help protect people and their environment, wherever Canadian companies are working. We will be collecting physical signatures on Action Cards next week for this purpose or you can sign [the petition here](#).

OCTOBER COLLECTION

Collection:	\$ 11,988.27
Direct Deposit (EFT):	\$ 7,575.00
Canada Helps:	\$ 3,340.88
Total:	\$ 22,904.15
Average monthly expenses:	\$ 22,143.70

Diocesan and Community News

A CONVERSATION WITH FUTURE INDIGENOUS LEADERS

Please join the [ReconciliAction Working Group](#) of Glebe-St. James United Church for an evening of learning with future Indigenous leaders on **November 12** from 7 - 8pm. What is a Pretendian? How do false claims to Indigenous identity promote racism? Mackayla Taylor will talk about the results of her research into the impact on the Indigenous community and what we can do to support authentic Indigenous voices. How does polluted water lead to youth suicide? Eli Dunlap will make the link based on their research into the experience of the Grassy Narrows First Nation. Join this virtual conversation with these two young Indigenous scholars as they challenge us to act on their research findings. [Click here for Zoom link.](#)

HOUSING WITH HEART

A concert and reception fundraising event to support Multifaith Housing Initiative's purchase of 30 apartments that are part of Dream LeBreton Flats, on Saturday, **November 16**, 4 - 6:30pm at All Saints Anglican Church, 347 Richmond Rd. Come and learn about the project, enjoy a concert with three varied acts by local musicians, and then engage in lively conversation while enjoying charcuterie boards and non-alcoholic beverages. For more information and to get tickets, [click here.](#)

OTTAWA GUITAR SOCIETY CONCERT

The Ottawa Guitar Society is thrilled to present the Ukrainian virtuoso guitarist, Marko Topchii, as part of his North American tour. Join us for his first ever concert in Ottawa on Wednesday, **November 20** at 7:30pm at Canadian Martyrs Church. Tickets are available at the door (cash or card) and [online.](#)

CANADIANS FOR A SYNODAL CHURCH

A virtual panel conversation on the closing Synod on Synodality, presented in partnership with Star of the North Retreat Centre, Galilee Centre, and Centre Oblat: A Voice for Justice on Wednesday, **November 20**, at 6:30pm. This conversation will provide an opportunity to learn from two Canadian participants in the synodal process, as well as a leader from the local level with experience applying the principles of synodality in a Ottawa parish. This panel will offer ways for us all to stay informed, engaged in discerning the future together for the common good of the church and the world. [Click here to register online](#) for the event. You will be sent a Zoom link before the event.

ADVENT CELEBRATION: PREPARING FOR CHRISTMAS

Come to the Galilee Centre, Arnprior, as we enter the Season of Hope, Joy, Peace & Love on Sundays in December (**December 1, 8, 15, 22**) from 2 - 4pm. Through a combination of music, scripture, reflection, and sharing hearts, our facilitators will guide you through this time of preparation. [Click here to register](#) or call the office at 613-623-4242 x 21. Donations are welcome.

JUBILEE OF THE YEAR 2025

"As we journey towards the Holy Year, I urge everyone to become pilgrims of hope, setting tangible goals for a better future. Let us not forget to keep "the little details of love" (Gaudete et Exsultate, 145): stopping, drawing near, giving a little attention, a smile, a caress, a word of comfort. These gestures are not automatic; they require a daily commitment and are often hidden and silent, but strengthened by prayer. In this time, when the song of hope seems to give way to the clamour of arms, to the cry of many innocent wounded, and the silence of the countless victims of wars, we turn to God with our plea for peace. We stretch out our hands to receive peace as a precious gift for we are "poor" in this regard, while at the same time committing ourselves to weave it back into daily life." - Pope Francis

LAUDATE DEUM

[This short film](#) is based on Pope Francis' 2023 document *Laudate Deum*, an Apostolic Exhortation to all people of goodwill on the climate crisis. This film uses images and footage of the current climate crisis interspersed with excerpts from the document and expert observations.

DIOCESAN NEWS BULLETIN

The general public is now able to sign up for the brand-new Diocesan News Bulletin. The bulletin goes out weekly on Wednesdays and delivers the most recent public news and events to your inbox. Sign up by [clicking here.](#)

VOCATION REFLECTION

Small Coins by Darcie Lich, Oblate Associate
In Mark's Gospel, we hear a lesson from Jesus as he and his listeners observe a widow putting a few small coins into the treasury amidst the large sums being put in by others. Ever since I was a kid, the interpretation that I've most often heard associated with this scripture passage typically concerns our own sense of superiority. Read the [full reflection here.](#)



The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are once again inviting families to make up a shoebox for a youth in need in Ottawa. Below we have provided a list of items that you can include in your box for youth, ages 10-16.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves. We also are grateful for donations of hygiene items such as soap, deodorant, toothpaste and toothbrushes.

There is no time like the present ... we will need to collect the shoe boxes by **November 23/24** in order for the Centretown Community Health Centre to deliver them to families in need by Christmas. Please bring your filled shoeboxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need:

10-12 years old, 12-14 years old, 14-16 years old
(male, female, or non-binary)

Please include: a toothbrush, toothpaste, soap, hand towel or washcloth, hairbrush or comb

Suggested additional items:

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



205-194 MAIN STREET
MON.-FRI. 7AM-8PM & SAT., 8AM-1PM



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.

PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).