

# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org), [www.canadianmartyrs.org](http://www.canadianmartyrs.org)

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

## Pastor

Fr. Tim Coonen, OMI

## Administrative Assistant

Heather Duggan

## Pastoral Associate

Sr. Matilda Owolagba

## Director of Religious Ed.

Adele Casuga Lalonde

## Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

## Finance Council

Joseph Duggan

## Development and Peace

Anna Dorner

## Weekly Gatherings

### Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

### Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

### Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

## RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

## 4th Sunday of Advent

December 21/22, 2024

# Peace

*"Blessed are you among women,  
and blessed is the fruit of your womb!"*  
Luke 1:42



AS WE LIGHT OUR CANDLE  
THIS WEEK, WE PRAY FOR  
OUR TROUBLED WORLD, SO  
FULL OF CONFLICT.  
LORD, HELP US TO BE  
PEOPLE OF PEACE.

When you picture peace, what images come to mind?  
What steps can we take to make a just peace a reality?

Callista Agency for Overseas Development - Advent Resources

## PRAY FOR THOSE WHO ARE ILL:

Carol Bazinet, Isabella Boles, Devin Bursey, Frank Chauvin, Nathalie Comeau, Candy Craigen, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Jacqueline Lawlor, Denise LaViolette, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Mike Staples

## MASS INTENTIONS

**Sat., Dec. 28** Helen Colton by Maryalice Nugent; **Sat., Jan. 4** Albert Casuga by the Lalonde family; **Wed., Jan. 8** The Bennett family by Yvonne Bennett; **Fri., Jan. 10** Maryna Nowosielski by Susanne Shaftoe; **Sat., Jan. 11** Madeleine Remillard by her family; **Wed., Jan. 15** Deceased family members by Yvonne Bennett; **Fri., Jan. 17** Carl Knopp by Jennifer Ramsaran; **Sat., Jan. 18** Dan Kelly by Connie Kelly; **Fri., Jan. 24** Maryna Nowosielski by Susanne Shaftoe; **Sat., Jan. 25** Catherine Allen by Robert & Brian Allen; **Fri., Jan. 31** Maryna Nowosielski by Susan Shaftoe

## EVENTS/MEETINGS

**Dec. 24, 25, 26, 27 & 31:** 11:30am Mass cancelled

**Thurs., Jan. 9:** Pastoral Council, 7pm

**Sat., Jan. 11:** Funeral Mass for Pat Smart, 11am

**Sat., Jan. 11:** Pizza night after Mass (note date change)

**Sun., Jan. 19:** Lunch and Learn, 11:15am

# Our Parish News

## THANK YOU

Thank you to all who donated shoeboxes filled with Christmas joy for young people in Ottawa. The youth of the parish helped wrap the 49 boxes that were donated and they were then delivered to the Centretown Community Health Centre, where they will make it onto Santa's sleigh. Your generosity is greatly appreciated!

## DONATION ENVELOPES FOR 2025

If you currently use donation envelopes, your box of envelopes for 2025 can be picked up at the Welcome Table in the church foyer. If you are new to the parish and would like a box of donation envelopes, please call or [email](#) the office.

## ADVENT FOOD DRIVE

As you grocery shop this holiday season, think of those in need and pick up an extra non-perishable food item for the [Centretown Community Food Centre](#).

"Thank you Canadian Martyrs parishioners for your continuing support of the Centretown Community Food Centre. This year's Walkathon netted \$53,511.28 which was so helpful as an all time record number of clients accessed the Centre in October."

## ZOOM LITURGY OF THE WORD CANCELLED

Our Zoom Liturgy of the Word served us well through the pandemic and beyond. Participation has waned so this liturgy will be cancelled. Thank you to all who helped facilitate this liturgy and to all who participated. It was a wonderful way to connect when we couldn't gather in-person. For those looking for a Mass that is live-streamed, St. Patrick's Church (an Oblate parish) in Hamilton, Ontario, live-streams the following Masses from their church: Sunday at 11:30am & 7:15pm and weekdays, Tuesday to Friday at 12:15pm, [www.stpatrickshamilton.ca/](http://www.stpatrickshamilton.ca/).

## FIRST COMMUNION PREPARATION

Registration is now open for First Communion and First Reconciliation preparation. To register, families can contact Adele at [religioused@canadianmartyrs.org](mailto:religioused@canadianmartyrs.org) or [click here](#). The parent meeting will take place on Saturday, **January 25** at 3pm, in the parish centre. All subsequent preparation sessions will be on Tuesdays at 6pm. Families will be able to choose at which Sunday Mass (after Easter) they would like their children to make their First Communion.

## CHARITY CORNER

Not sure if a charity gives tax receipts? Canada Revenue lists all its registered charities, [https://apps.cra-arc.gc.ca/ebci/hacc/srch/pub/dsplyBscSrch?request\\_locale=en](https://apps.cra-arc.gc.ca/ebci/hacc/srch/pub/dsplyBscSrch?request_locale=en). Interested in a charity, but don't know if it is legitimate or what they do: Charities Intelligence, <https://www.charityintelligence.ca/>, reviews and rates charities for efficacy and percentage of donation that goes to programs. Want some suggestions? [Carty House](#) is an Ottawa charity which provides a one year first home and assistance to refugee women. It recently opened a second house in Ottawa. [Livewater Canada](#) is a small, highly rated charity which trains and equips in-country teams to drill and repair wells. They work in Africa, Haiti and a bit in Ukraine. The [Centretown Community Food Centre](#) which the parish supports with food drives, provides food for our neighbours in Centretown. [Rideau Valley Wildlife Sanctuary](#) provides wildlife with expert care, formula, food and veterinary services they need to be released back to the wild. They urgently need your help this holiday to ensure the Rideau Valley Wildlife Sanctuary continues to operate next year and for years to come.

## NOVEMBER COLLECTION

Collection:	\$ 7,883.32
Direct Deposit (EFT):	\$ 7,555.00
Canada Helps:	\$ 4,718.63
<b>Total:</b>	<b>\$ 20,156.95</b>
Average monthly expenses:	\$ 21,749.00

## Christmas and New Year's Masses

**Saturday, December 21, 5pm: 4th Sunday of Advent**  
**Sunday, December 22, 10am: 4th Sunday of Advent**  
**Tuesday, December 24, 5pm: Christmas Eve**  
**Wednesday, December 25, 10am: Christmas Day**

**11:30am Masses cancelled on Dec. 24, 25, 26, 27, & 31**

**Saturday, December 28, 5pm: Holy Family**  
**Sunday, December 29, 10am: Holy Family**  
**Tuesday, December 31, 5pm: Solemnity of Mary**  
**Wednesday, January 1, 10am: Solemnity of Mary**

# Diocesan and Community News

## FESTIVAL OF LESSONS AND CAROLS

Immerse yourself in the spirit of Christmas at a Festival of Lessons and Carols at Ottawa's historic St. Joseph's Church, 151 Laurier Ave. E, on Sunday, **December 22** at 3pm! Presented by the St. Joseph Parish Choir, the service will be followed by a reception with light refreshments.

## CAROLS FOR CHRISTMAS EVE

Head to Dominion-Chalmers United Church, 355 Cooper St., for "[Carols for Christmas Eve](#)", a free and festive carol concert on **December 24** at 7pm. Led by music director, Nick Veltmeyer, with special guest musicians and singers, the hour-long concert promises a delightful blend of cherished holiday classics and captivating new carols. This family-friendly event celebrates the spirit of the season with something for everyone. Join in for this heartwarming celebration of Christmas with caroling singing and holiday treats!

## HOLIDAY DONATION DRIVE

The Society of St. Vincent de Paul is hoping that a collective effort among Ottawa churches can provide necessary support to those who need it most. Items that are needed include: warm clothing, children's toys, small furniture, and general household items to help create a warm and welcoming environment. Items can be delivered to the St. Vincent de Paul Thrift Shop at 1273 Wellington St. W. **Please do not bring donations to the church.**

## SILENT NIGHT CHRISTMAS ACTIVITIES

*Silent Night* is widely recognized as one of the most popular hymns of all time, having been translated into more than 300 languages and dialects. Enjoy [Christmas activities from Loyola Press](#) inspired by the song and the book, *Silent Night*, illustrated by Elena Selivanova.

## BLUE CHRISTMAS

You are warmly invited to Ascension Church, 253 Echo Dr., on Sunday, **December 22** at 5pm, to attend this contemplative service of prayers, readings and music, and a time to acknowledge the "blue" feelings we have at Christmas time. Together, we'll reflect on the pain, the loneliness, and the sadness we may feel and offer it to God for healing and transformation.

## BUTTERFLIES IN FLIGHT

Plan ahead (timed tickets required) if you'd like to see the very popular [Butterflies in Flight exhibition](#) at the Canadian Museum of Nature. This show lets you walk

through the museum's solarium, which is currently filled with brilliantly coloured butterflies from Costa Rica and the Philippines.

## JUBILEE YEAR 2025

"Hope" is the overarching theme of the upcoming Ordinary Jubilee of 2025, a theme reflected in the opening words of the Bull of Indiction, entitled "*Spes non confundit*. Hope does not disappoint." "In the spirit of hope, the Apostle Paul addressed these words of encouragement to the Christian community of Rome. Hope is also the central message of the coming Jubilee that, in accordance with an ancient tradition, the Pope proclaims every twenty-five years. My thoughts turn to all those pilgrims of hope who will travel to Rome in order to experience the Holy Year and to all those others who, though unable to visit the City of the Apostles Peter and Paul, will celebrate it in their local Churches. For everyone, may the Jubilee be a moment of genuine, personal encounter with the Lord Jesus, the "door" (cf. Jn 10:7.9) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as "our hope" (1 Tim 1:1)." Read [the full official document](#).

## REMEMBERING LOVED ONES

The holidays are a time of joy, gathering, and heartfelt remembrance. While we revel in the festive cheer, it's also an opportunity to remember those who are no longer with us. Traditions not only keep their memories alive but also allow us to pass these cherished tales onto the next generations. [Here are some heartfelt ways](#) to incorporate the memories of loved ones into your holiday traditions, providing comfort and a sense of connection, and inviting you to share your favorite holiday memory of them with younger family members. While the absence of loved ones can be particularly poignant during the holidays, finding ways to celebrate their life and contributions can offer a profound sense of connection and continuity.

"May the light of hope illuminated by the Holy Spirit burn within our hearts this Christmas. May the light of God's love shine through us, and may our witness of faith be an invitation for others to believe in the gift of salvation that Christ offers to all, and most especially in this upcoming Jubilee year." - Pope Francis

**Immaculata High School**  
140 Main St.  
Proud Sponsors of  
the Community  
613-237-2001



**Whelan Funeral Home**  
Sean P. Copeland  
515 Cooper St.  
613-233-1488



**Because family matters.**

Our specialists are ready to assist.

**Kelly Funeral Homes** • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255

Arbor Memorial Inc.



**If you would like to advertise in our bulletin, please call or email the office.**

**Find us on Facebook and Instagram:**

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



**PARISH REGISTRATION:** The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

**DONATIONS:** Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

**BAPTISM PREPARATION:** Please contact the office to schedule a baptism.

**MARRIAGE PREPARATION:** Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

**FOOD DONATIONS:** Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

**507 SANDWICH CLUB:** If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).