



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

3rd Sunday in Ordinary Time

January 25/26, 2025



PRAY FOR THOSE WHO ARE ILL: Carol Bazinet, Isabella Boles, Carolanne Bursey, Devin Bursey, Sandy Cano, Frank Chauvin, Nathalie Comeau, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Sandra LaPointe, Jacqueline Lawlor, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Mike Staples

MASS INTENTIONS

Sat., Jan. 25 Catherine Allen by Robert & Brian Allen; **Tues., Jan. 28** Nicholas Law by Norina Morris; **Fri., Jan. 31** Maryna Nowosielski by Susanne Shaftoe; **Sat., Feb. 1** Intentions of Joe & Marion Lochlan; **Wed., Feb. 5** Denis & Ewa Bennett by Yvonne Bennett; **Thurs., Feb. 6** Intentions of Fr. Jim Fiori by Rosemarie Hoey; **Fri., Feb. 7** Lucia Silveira by Patricia O'Grady **Sat., Feb. 8** Albert Casuga by the Lalonde family; **Wed., Feb. 12** Timothy Hart by Frances Montgomery; **Fri., Feb. 14** Pat & Fern Denny by Margaret Denny; **Sat., Feb. 15** Joan Beaton by Kelly Beaton

EVENTS/MEETINGS

Sun., Jan. 26: Development and Peace Committee meeting, 11:15am

Wed., Jan. 29: Liturgy Committee meeting, 1:30pm

Sat., Feb. 1: Pizza night, after Mass

Tues., Feb. 4: First Reconciliation Preparation begins, 6pm

Thurs., Feb. 6: Parish Pastoral Council meeting, 7pm

Our Parish News

JUBILEE STUDY GROUP

If you are interested in joining a parish group that will meet to explore the themes of the [Papal Bull “Spes non Confundit”](#) for the Jubilee Year, please [email](#) or call the office.

PARISH PASTORAL COUNCIL

At the January meeting of our Pastoral Council, we welcomed three new members: Bernie Eischen, Megan Richardson and John Richardson (vice-chair). We thank the outgoing member, Chad Glendinning, who has shared his talent with the parish over the past 3 years. Our continuing members of Pastoral Council are Sheila Foy-Connolly (chair), Grace Bruno (secretary), Matthew Iweuze (Finance council rep.) and Peter Brimacombe (past chair). Welcome and thank you!

UPCOMING COMMITTEE MEETINGS

Several of our committees/groups are meeting in the next few weeks: **Youth Group on January 24, Development and Peace Committee on January 26, Liturgy Committee on January 29, Pizza night setup crew on February 1, Faith Formation Committee in February (date to be determined) and the 507 Sandwich Club continues to meet every Thursday to make sandwiches for Centre 507.** If you are interested in volunteering for any of these committees/groups and would like to sit in on a meeting to find out more, please [contact the office](#).

EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle newsletter? Send your articles and photos to the [parish office](#) by **February 10** for our Lent 2025 issue.

DEVELOPMENT AND PEACE

Because Haiti is currently in a very difficult situation, Development and Peace - Caritas Canada is commemorating the 15th anniversary of the 2010 earthquake by allocating \$100,000 to emergency aid and [raising funds for Haiti](#). [Your generous donations](#) will support agricultural initiatives to help put food on the tables of host families in rural areas, as well as financial and psychological support for those fleeing the cruelty of the gangs, particularly women victims of gender-based violence. Join D&P in showing solidarity with Haiti during this critical time. D&P thanks you for your continued generosity.

WAUPOOS FAMILY FARMS VACATIONS

Waupoos Family Farms, which offers vacations to low-income families who otherwise may not be able to afford it, is now accepting applications for their Easter and Victoria Day vacations! They are a wonderful ministry and even have a full chapel onsite with Jesus in the Blessed Sacrament. Could you or someone you know benefit from a Waupoos vacation? Application form: https://bit.ly/WFFsch_2024-25. Submit your application to contact@waupoos.com.

OTTAWA PASTORAL CARE COURSES

[Ottawa Pastoral Care](#) is once again offering their Basic Training Course either in-person (Monday afternoons) or online (Monday evenings). Both courses begin Monday, **March 10** and run weekly until **May 12**. Their Spring 2025 Basic Training Course brochure is available [here](#). They are also excited to present an online Continuing Education event on Tuesday, **April 8** from 7- 9pm. In this session, Elspeth MacEwan, community psychiatrist and hospice volunteer, will lead a session called *Sacred Conversations: 7000 Ways to Pray*. The workshop will explore an approach focusing on compassion, empathy and journeying with patients as they search for meaning in their suffering. The program brochure is available [here](#). Spaces are limited for both courses, so take a few moments and register early. **Our parish Pastoral Care Team welcomes new members!**

DECEMBER COLLECTION

Collection:	\$ 21,588.01
Direct Deposit (EFT):	\$ 7,555.00
Canada Helps:	\$ 9,643.84
Total:	\$ 38,786.85
 Average monthly expenses:	 \$ 22,533.83



Diocesan and Community News

OCSB KINDERGARTEN REGISTRATION

If your child was born in 2021, it's time to register them to start Kindergarten 2025 at the Ottawa Catholic School Board (OCSB)! All their schools provide a nurturing, innovative, and faith-filled environment with rich French programming, making it an excellent choice for your child as they start their schooling journey. Registering is easy; simply complete the [online registration form](#) and upload your documents. If you have questions, the OCSB admissions team (admissions@ocsb.ca) will be happy to help. Visit ocsb.ca/register to register today!

CHANTED SOLEMN VESPERS

Come experience Chanted Solemn Vespers for the Feast of the Conversion of St. Paul to be held at St. Paul University on Saturday, **January 25**, 7pm in the De Mazenod Chapel, 249 Main Street. Reception with light refreshments to follow. All are welcome.

CONVERSATIONS FOR OUR TIMES

St. Basil's Parish is happy to announce that their webinar series, "Conversations for Our Times", will resume on Sunday, **January 26**, at 2:30pm with distinguished guest, Michael W. Higgins, author of *The Jesuit Disruptor: A Personal Portrait of Pope Francis*. Michael will share with us his knowledge of Pope Francis, and in particular this pope's unprecedented challenges, not only to Catholics, but to all people of good will. Francis urges people of faith around the world to take the lead in addressing the crises facing inhabitants of planet Earth, and to act with courage and respect in seeking solutions to these very immediate and consequential issues. To register for this webinar, [click here](#).

SHARED SPACE, SHARED STORY

[Register](#) for this free online event, *Shared Space, Shared Story: Holding the Story of the Church and the Indigenous Story Together*, presented by St. Mark's College, University of British Columbia: Monday, **January 27** at 7pm PST (if you register, you will be sent a link to the recording later). Join Rev. Dr. Ray Aldred for this *Laudato Si'* lecture on faith, culture, and the shared stories that connect us to each other and the Earth!

BUILDING STRONG COMMUNITIES

Political battles divide families. Consumer culture breeds isolation. Social media promises connection yet leaves us hungry for authentic presence. Research underscores these challenges. Beneath these surface tensions lies a deeper

spiritual reality; our profound hunger for genuine communion with God and one another. Drawing from Scripture and Ignatian spirituality, Fr. John Meehan will discuss how prayerful attention transforms our approach to difference and conflict, opening pathways to genuine community. [Register](#) to join this virtual discussion, *Gnarled Yet Graced: Christ's Call to Deeper Connection in a World That Pulls Us Apart*, on **January 28** at 7:00pm organized by the Ottawa Jesuit Community.

DOCUMENTARY SCREENING & DISCUSSION:

View the documentary, *Fierce Light: When Spirit Meets Action*, National Film Board & Vancouver filmmaker, Steve 'Velcrow' Ripper (English with subtitles in French) on **January 31**, 12:05 pm at the St. Paul University Amphitheatre (Guigues 1124). This documentary retraces the movement to save a large urban farm created in the wake of the riots following the brutal beating of Rodney King by LA police officers. In the telling of the story, Ripper weaves in other narratives of faith-based, peaceful resistance the world over from a variety of faith traditions. The film features figures such as John Lewis, Archbishop Desmond Tutu, Joanna Macy, Thich Nhat Hanh, Danny Glover, bell hooks, Van Jones and Daryl Hannah, among others.

WINTERLUDE 2025

From **January 31 to February 17**, let Winterlude inspire, entertain and warm you up across the Ottawa and Gatineau area! Enjoy live performances, crafts, workshops, the Ottawa Winter Farmer's Market at Lansdowne, and much more. With a mix of family-friendly and adult events across three weekends (Jan. 31 - Feb. 2, Feb. 7 - 10, Feb. 14 - 17), there's something for everyone! For events and programming, [click here](#).

WINTERLUDE MINI POW WOW

Come experience a [mini Pow Wow](#) at the Canadian Museum of History on **February 2**, 11am - 4pm featuring a Grand Entry or opening ceremony, intertribals, and invited drums, as well as dancers of many styles and ages. Organized and presented by Indigenous Experiences, this event is called "mini" because of its short duration – a Pow Wow normally lasts several days, but don't worry, the experience will still be spectacular! Admission to the Pow Wow is free. To visit the rest of the Museum, please [reserve a ticket](#).

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).