



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sheila Foy-Connolly

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the

month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Thurs., 6:30pm, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

6th Sunday in Ordinary Time

February 15/16, 2025



PRAY FOR THOSE WHO ARE ILL: Carol Bazinet, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Nathalie Comeau, Laura Craigen, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Sandra LaPointe, Jacqueline Lawlor, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Mike Staples

MASS INTENTIONS

Sat., Feb. 15 Joan Beaton by Kelly Beaton; **Tues., Feb. 18** Jim Manion by Nancy MacDonald; **Wed., Feb. 19** Pauline Asselin by Margaret Denny; **Thurs., Feb. 20** Denis Grady by Rosemarie Hoey; **Sat., Feb. 22** Bertha Dibartolo by Margaret Denny; **Wed., Feb. 26** Jim & Mary McMinn by Margaret Denny; **Sat., Mar. 1** Denise LaViolette by Anne Marie Bazinet-Miller; **Wed., Mar. 5** Intentions of Julien & Sandra Bennett by Yvonne Bennett; **Sat., Mar. 8** Albert Casuga by the Lalonde family

EVENTS/MEETINGS

Sun., Feb. 16: Lunch and Learn, after Mass

Wed., Feb 19: Faith Formation Committee meeting, 7pm

Sun., Feb. 23: YAC (Young, Adult, Catholic) Mass, 7pm

Mon., Feb. 24: Truth and Reconciliation Committee, 7pm via Zoom

Wed., Mar. 5: Ash Wednesday, 11:30am and 7pm

Sat., Mar. 8: Development & Peace Share Lent workshop, 8:30am

Tues., Mar. 11: Lenten Reconciliation Service, 7pm

Sat., Mar. 15: Lenten Retreat, 9:30am

Our Parish News

LUNCH AND LEARN, FEBRUARY 16

Join us after Mass on **February 16** for Lunch and Learn: *All are Welcome: Exploring the links between liturgy and social justice*. Fr Erik Sorensen, SJ, as a part of his doctoral work, conducted a qualitative study at Canadian Martyrs during Lent 2024. Fr. Erik will discuss how the parish links its celebration of the Sunday Eucharist with its social justice outreach through its commitment to welcoming everyone. The hope is to deepen the connections between what we celebrate on Sunday and our commitment to social justice.

YAC (YOUNG, ADULT, CATHOLIC) MASS



Join us on Sunday, **February 23** at 7pm for our YAC (Young, Adult, Catholic) Mass. We meet in the parish centre to read and discuss (or “yack” about) the readings in a circle and then proceed to the church, where we gather around the altar for the Eucharistic. This

Mass used to be called our Youth Mass, but we have rebranded it our YAC Mass, to encourage more of our younger parishioners to attend.

CHALICE CANADA

Chalice is coming to Holy Canadian Martyrs Parish! At the **February 22/23** Masses, Canada’s largest Catholic Child Sponsorship organization will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. Your support can change a life! There will be an opportunity to sign up as a sponsor, along with a table with information and a representative available to answer any questions at Masses on February 22/23. Please visit chalice.ca for more information about Chalice and its mission.

JUBILEE STUDY GROUP

If you are interested in joining a parish group that will meet to explore the themes of the [Papal Bull “Spes non Confundit”](#) for the Jubilee Year and how we (personally and as a parish) can become Pilgrims of Hope, please [email](#) or call the office or speak with Sr. Matilda. This group may meet virtually if it works better for the participants.

TRUTH AND RECONCILIATION COMMITTEE

The Truth and Reconciliation Committee is meeting on Monday, **February 24** at 7pm via Zoom. This parish committee is researching the possibility of having an

Indigenous artist create a mural on an outside wall of the parish centre. They are also looking into using a Book Club Kit from the Ottawa Library for a discussion group, and is reaching out to like-minded parishes across Canada to share experiences and offer support. Please [email](#) the office if you would like to join the meeting.

INDIGENOUS ACTIVITY AT ST. PAUL UNIV.

February 27, 11:30am to 1pm: Kokom – Meet & Greet with Bannock & Tea: Connect, learn and engage with stories and traditions passed down through generations at the Student Life Centre. For more info, [click here](#).

ST. VALENTINE’S DAY ACTIVITY

This St. Valentine’s Day, embrace the spirit of love and kindness with a meaningful activity inspired by the Moose Hide Campaign. Designed to nurture relationships with yourself and loved ones, this activity fosters reflection, communication, and mutual understanding. This activity is a simple yet profound way to honour the values of care and understanding this St. Valentine’s Day. Whether practiced alone or with loved ones, it provides a meaningful opportunity to reflect and strengthen your connections. Share the love with some Moose Hide medicine! [Click here](#) to download the activity.

DEBT JUSTICE

Canadians are invited to join a global movement for debt justice with a Jubilee 2025 petition drive. Christian organizations urge Canadians to sign a petition supporting global debt cancellation in this historic Jubilee year. To find out more, [click here](#) and to sign the petition, [click here](#).

VOCATION REFLECTION

“Blessed Are You” by Darcie Lich, Oblate Associate
Full disclosure: I was scheduled to write a reflection for last Sunday’s Gospel. The long and short of it? I forgot. The more I tried not to dwell on my gaffe, the more it pestered me. I found myself looking at the list of blessings-that-don’t-look-like-blessings wondering: if Jesus were handing out these blessings today, would there be one for the overcommitted? The undercaffeinated? The ones with too many tabs open, both in their browsers and their brains? Would there be blessings for people like me on days like this? I came to the conclusion that, yes, there would be. If Jesus blesses the poor, the hungry, the weeping, and the hated, then God’s blessing isn’t about status or perfection. To read the full reflection, [click here](#).

Diocesan and Community News

THE COLDEST NIGHT OF THE YEAR

The Coldest Night of the Year event is on Saturday, **February 22**. It is a family-friendly event where over 500 people gather in downtown Ottawa to walk, wheel or stroll to raise awareness and funds for those experiencing hurt, hunger and homelessness in our city this winter. The Ottawa Mission uses the funds to feed and shelter people in Ottawa as well as to offer life-saving programs and initiatives to help their clients build better lives. With winter temperatures at dangerously low levels and more and more people experiencing homelessness in 2025, The Coldest Night of The Year is more important than ever. For more information on how you can participate, [click here](#).

SINGING BACK THE BUFFALO

Join the Royal Canadian Geographical Society, the International Buffalo Relations Institute and the Singing Back the Buffalo team for a special advance screening of a new version of *Singing Back the Buffalo* on Tuesday, **February 25**, 7pm at 50 Sussex Drive. After a dark recent history, the buffalo herds of North America are awaiting their return, aided by dedicated Indigenous activists, leaders and communities, including award-winning Cree filmmaker, Tasha Hubbard. Pay what you can. [Register now](#).

MUSIC AND PRAYER IN THE STYLE OF TAIZÉ

You are invited to St. Basil's Parish, 940 Rex Ave., on Thursday, **February 27** at 7:30pm for music and singing in the style of Taizé. There will be coffee and tea afterwards. If you enjoy the evening and would like to join us again at a future date, please send us an email at waxxon50@yahoo.ca for more information. Taizé is a community in France of brothers of Catholic, Anglican and Protestant faiths. It has been one of the largest pilgrimage sites in the world for young people since 1940. The Taizé brothers developed a way to sing, pray and chant together to give God praise. This month we will sing some of their songs around the theme of "Peace".

CHESTERTON ACADEMY DRAMA PRODUCTION

[Chesterton Academy](#) is excited to announce their 2025 play, *Bad Manners at the Manor* by Dale Ahlquist! Please mark your calendars for Friday, **February 28** and Saturday, **March 1** at 7:30pm (doors open at 7pm) at Blessed Sacrament Church Hall, 194 Fourth Ave. Join in for a night of laughter, confusion, bad manners, and yes, a dead body, as Officer Walsh, a traffic cop, tries to sort it

all out. Tickets will be available at the door: \$15 Adults, \$10 Seniors, \$10 Children (18 and under); no advance reservations required. For more information, please contact chesterton.ottawa.drama@gmail.com.

ST. PATRICK'S DAY PILGRIMAGE 2025

Enjoy fellowship, prayer and reflection on this St. Patrick's Day pilgrimage. On Monday, **March 17**, celebrate 9am Mass at St. Patrick's Fallowfield and then pilgrimage to St. Patrick's Basilica in downtown Ottawa. The 28km walk will take approximately 8 hours and will conclude with a potluck reception at St. Patrick's Basilica. Check out the pilgrimage details and signup! Check the route, need for a ride or able to provide a ride, optional start/finish points, potluck dish/volunteer cleanup at <https://tinyurl.com/St-Patrick-Pilgrimage>.

YOUNG ADULT PILGRIMAGE TO ROME

The Jubilee of 2025 is a special Year of Grace with pilgrimages at the core of the experience. If you are between 18 and 35 years of age and interested in journeying with other Catholic young people to the Jubilee in Rome, please email ottawayouthjubilee@gmail.com for more information. The pilgrimage is 11 days from **July 27 to August 6**, 2025 and includes a Jubilee for young people and day trips to Pompeii and Castel Gandolfo. [Click here](#) for a brief overview of the trip, organized through Spiritours (a specialized pilgrimage travel agency).

ARCHBISHOP'S RECEPTION 2025

On **May 15**, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Will you be there? Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Whether you are new to the Catholic Church or have been here your whole life, we want you with us. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are 65\$ and on sale now. Visit ottawacornwall.ca/events/archbishops-reception/ to purchase your tickets today.

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[Canadian Martyrs Parish, Ottawa](#)

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).