



# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org), [www.canadianmartyrs.org](http://www.canadianmartyrs.org)

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

## Pastor

Fr. Tim Coonen, OMI

## Administrative Assistant

Heather Duggan

## Pastoral Associate

Sr. Matilda Owolagba

## Director of Religious Ed.

Adele Casuga Lalonde

## Pastoral Council

Sheila Foy-Connolly

Meetings: 1st Thurs., 7pm

## Finance Council

Joseph Duggan

## Development and Peace

Anna Dorner

## Weekly Gatherings

### Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the

month, 2:30pm in the church

### Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

### Evening Prayer

Pierre LaViolette

Thurs., 6:30pm, [via Zoom](#)

### RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

## 8th Sunday in Ordinary Time

March 1/2, 2025



**PRAY FOR THOSE WHO ARE ILL:** Carol Bazinet, Fr. Jim Bleackley, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Nathalie Comeau, Molly Fraser, Richmond Guillermo, Eileen Kearns, Marigold Kenney, Sandra LaPointe, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Jeff Stadtmueller, Mike Staples

## MASS INTENTIONS

**Sat., Mar. 1** Denise LaViolette by Anne Marie Bazinet-Miller; **Wed., Mar. 5** Intentions of Julien & Sandra Bennett by Yvonne Bennett; **Thurs., Mar. 6** Laura Craigen by Rosemarie Hoey; **Sat., Mar. 8** Albert Casuga by the Lalonde family; **Wed., Mar. 12** Sarina Cotroneo by Lidia Cotroneo; **Fri., March 14** Ed Gasnick by Rosemarie Hoey; **Sat., March 15** Jim Chambers by his family; **Wed., March 19** Pat & Fern Denny by Margaret Denny; **Wed., Mar. 26** Denis & Ewa Bennett by Yvonne Bennett

## EVENTS/MEETINGS

**Sat., Mar. 1:** Pizza Night, after Mass

**Sun., Mar. 2:** Rite of Welcome at Mass, 10am

**Sun., Mar. 2:** **rescheduled Lunch and Learn with Fr. Erik Sorenson, after Mass**

**Wed., Mar. 5:** Ash Wednesday, 11:30am and 7pm

**Sat., Mar. 8:** Development & Peace Share Lent workshop, 8:30am

**Tues., Mar. 11:** Lenten Reconciliation Service, 7pm

**Sat., Mar. 15:** Lenten Retreat, 9:30am

# Our Parish News

## PIZZA NIGHT!

Join us for pizza after Mass on Saturday, **March 1**. Pizza is \$3/slice and drinks are \$1 each.

## RITE OF WELCOME

For the last several weeks, a group of parishioners, who are interested in the Catholic Church, have been meeting with our RCIA team. During this time, they have explored their own faith journeys and whether the Catholic Church is the place to continue that journey. They have prayed about it and have decided to take the next step. This step involves a liturgical rite, the Rite of Welcome, which will take place this Sunday, **March 2**. They will “assemble publicly for the first time declaring their intention to the Church and the Church, in turn, accepts them as persons who intend to become its members.” (From the RCIA Paragraph 41) We, the parish, as the Church, have a part in this Rite. We are asked to warmly welcome these candidates into our faith family and to support them with our prayers.

## LUNCH AND LEARN, MARCH 2

**Rescheduled!** Join us after Mass on **March 2** for Lunch and Learn: *All are Welcome: Exploring the links between liturgy and social justice*. Fr Erik Sorensen, SJ, as a part of his doctoral work, conducted a qualitative study at Canadian Martyrs during Lent 2024. Fr. Erik will discuss how the parish links its celebration of the Sunday Eucharist with its social justice outreach through its commitment to welcoming everyone. The hope is to deepen the connections between what we celebrate on Sunday and our commitment to social justice.

## SHROVE TUESDAY PANCAKE LUNCHEON

Our Pastoral Council is hosting a pancake luncheon on Shrove Tuesday, **March 4** after the 11:30am Mass. The cost is \$5. Seating is limited to 40 people, so please add your name and contact information to the sign-up sheet on the Mass Coordinators' table or [email](#) the office. If you would like to volunteer to help with this event, please email the office.

## ASH WEDNESDAY

Our Ash Wednesday Masses, with distribution of ashes, will be on **March 5** at 11:30am and 7pm.

## SHARE LENT WORKSHOP

Our parish is hosting the Ottawa-Cornwall Development & Peace Share Lent workshop on Saturday, **March 8** from

8:30am -1:00pm. The parish's Development & Peace committee will welcome people from across the Ottawa-Cornwall area to learn about Development & Peace's campaign “Turn Debt into Hope”, to meet other D&P members, build community, and share a solidarity meal together.

## LENTEN RECONCILIATION SERVICE

Let us bring our hearts and minds before the Lord. Our Lenten Reconciliation Service will be held on Tuesday, **March 11** at 7pm.

## PILGRIMS OF HOPE PARISH LENTEN RETREAT

As we enter into the season of Lent, we are invited during this Jubilee Year to be “Pilgrims of Hope”. The Oblates of Mary Immaculate also entered into a journey as “Pilgrims of Hope in Communion” at their General Chapter in 2022. Hope is a grace that is needed more than ever in our world today. How can we become persons of hope, sharing that gift with those around us? As individuals and as a community, we are called to be signs of hope. Our retreat on Saturday, **March 15**, from 9:30 to 11:30am will be a time to gather, pray and reflect together on the theme of hope and how we can share this gift with others. Please register by calling or emailing the parish office: [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org).

## LENTEN FOOD DRIVE

Our target this Lent is to collect **750 non-perishable food or hygiene items** to be given to the [Centretown Community Food Centre](#) for people in need in our community. Bring one item or 20 items! Collection bins are in the church foyer. These items are always needed: peanut butter (500ml or less), **canned** tuna, salmon, meat, stews, vegetables, and soups, **canned** beans (including baked beans, kidney beans, black beans), cereals, pasta and pasta sauce (**in cans, no glass jars, please!**), Kraft dinner, toothpaste and toothbrushes, and toilet paper.

## THANK YOU FROM THE OBLATES

The Oblates of Mary Immaculate are very grateful for the contribution from our Parish Community in 2024 in the amount of approximately \$2,650. They thank us for being partners with the Oblates and the poor in their missions. MAMI has raised approximately \$1.5M from members across Canada this past year. One hundred percent of donations go to the needs of the missions. Administration, office and communications costs are the financial contribution of OMI Lacombe Province to the missions.

# Diocesan and Community News

## A SNOW-TACULAR EVENT!

You are invited this Saturday, **March 1** from 1:00 to 3:00pm to a Winter Party at Brantwood Park (39 Onslow Crescent)! Activities will include skating, snowshoeing, and snow volleyball for all children! There will be a lending zone for skates and snowshoes, which can be signed out for free. There will also be hot chocolate (with marshmallows!) and coffee! This free, fun community event will surely be a (snow)ball!

## FREE ORGAN CONCERT

Attend a free organ concert featuring organist, Jennifer Loveless and guest organist, Maria Gajraj at Carleton Dominion-Chalmers Centre on Sunday, **March 2** at 4pm. The event is open to all and will be a wonderful opportunity to hear the awe-inspiring historic pipe organ that is turning 60 years old. For more information, to donate to the repairs fund or to order free tickets, [click here](#).

## FROM ECOLOGICAL DEBT TO ECOLOGICAL HOPE

The Office of Religious Congregations for Integral Ecology (ORCIE) invites members of religious congregations and friends to the webinar, *From Ecological Debt to Ecological Hope*, on **March 18** at 1pm with guest speakers: journalist Elton Bozzetto, Sr. Nilva Dal Bello, CSJ Brazil & Dr. Sue Wilson, CSJ Canada, with Sasquia Antunez Pineda, ORCIE Advocacy and Communications Officer. Join us to hear from religious in Canada and Brazil and for small group discussions about our call to action and hope. How can we amplify the voices of religious in the Global South in this Jubilee campaign? How can we spread the word on the crushing unjust and unpayable debts facing so many countries around the world? To register to receive the Zoom link, [click here](#).

## GENESIS: THE PALETTE OF CREATION ART SHOW

On **April 27**, come explore, through art, the beauty of God, the Creator, and his creation. Hosted by the Archdiocese of Ottawa-Cornwall at the Café Des Tours, the show will feature local artists with a focus on creation and how we find God through it. **If you are a local artist and would like to submit your work for the show by April 14**, email: [mireille.church@ottawacornwall.ca](mailto:mireille.church@ottawacornwall.ca). For more information, [click here](#).

## CRY JUSTICE, CRY HOPE: LENT 2025

Joan Chittister's 2025 Lenten resource, entitled *Cry Justice, Cry Hope*, is now available at [joanchittister.org](http://joanchittister.org).

This resource is exclusively available as a PDF that you can download and print at home for \$6. Featuring Sr. Joan's reflections on the Lenten scriptures, stories of women who revolutionized their worlds, and prompts for reflection, this resource will accompany you to Easter and strengthen your resolve.

## ARCHBISHOP'S RECEPTION 2025

On **May 15**, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are 65\$ and on sale now. Visit [ottawacornwall.ca/events/archbishops-reception/](http://ottawacornwall.ca/events/archbishops-reception/) to purchase your tickets today.

## ST. PATRICK'S DAY PILGRIMAGE 2025

Enjoy fellowship, prayer and reflection on this St. Patrick's Day pilgrimage. On Monday, **March 17**, celebrate 9am Mass at St. Patrick's Fallowfield and then pilgrimage to St. Patrick's Basilica in downtown Ottawa. The 28km walk will take approx. 8 hours and will conclude with a potluck reception. Sign up, check the route, offer or ask for a ride, optional start/finish points, potluck dish/volunteer cleanup at <https://tinyurl.com/St-Patrick-Pilgrimage>.

## TURN DEBT INTO HOPE

Canadian Christian organizations, led by Kairos Canada, are calling on Canadians to join a global movement to end the mounting global debt crisis by signing the Canadian petition for Jubilee 2025. [The petition](#), which aims to collect 100,000 signatures in Canada by the end of 2025, will be combined with a global initiative urging world leaders to cancel unjust debts, establish a United Nations mechanism for debt resolution, and prevent future cycles of crushing debt. In Canada, [KAIROS Canada](#) is leading the campaign in collaboration with [Citizens for Public Justice](#), [Development and Peace – Caritas Canada](#), and the [Office of Religious Congregations for Integral Ecology](#) (ORCIE). [The Canadian Council of Churches](#) has been active in developing the campaign and will be inviting its member churches to support it.

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



**PARISH REGISTRATION:** The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

**DONATIONS:** Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

**BAPTISM PREPARATION:** Please contact the office to schedule a baptism.

**MARRIAGE PREPARATION:** Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

**FOOD DONATIONS:** Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

**507 SANDWICH CLUB:** If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).