



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Frank Kuczera, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sheila Foy-Connolly

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the

month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Brian Cano

Thurs., 6:30pm, via Zoom

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

19th Sunday in Ordinary Time

August 9/10, 2025



REMEMBER IN PRAYER: All who are ill, including Debbie Artman, Carol Bazinet, Isabella Boles, Devin Bursey, Brian Cano, Sandy Cano, Mike Charrier, Muriel Cornwall, Austin DeCoste, Molly Fraser, John H., Nick H., Eileen Kearns, Marigold Kenney, Bernard Kubale, Sandra LaPointe, Sr. Gwen Legault, OLM, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Janna Petrunik, Br. Len Rego, Fr. Ollie Rich, Jeff Stadtmueller, Mike Staples, Cosimo Zoccoli

MASS INTENTIONS:

Saturday, Aug. 9 Albert Casuga by the Lalonde family; **Tues., Aug. 12** Annette Lapierre by Margaret Denny; **Sat., Aug. 16** Melissa Hernandez-Quijada by the McCormick family; **Thurs., Aug. 21** Dr. Peter and Mrs. Antoinette Prud'homme by the Prud'homme family; **Sat., Aug. 23** Fred Miller by Nicole Lance; **Sat., Aug. 30** Fred Miller by Anne-Marie Bazinet-Miller; **Tues., Sept. 2** Raymond Bielawski by the Duggan family

EVENTS/MEETINGS

Summer bulletins: Aug. 10, Aug. 24, and Sept. 4.

Sept. 1 - Oct. 4: Season of Creation

Thurs., Sept 4: Parish Pastoral Council, 7pm

Our Parish News

HELPING A NEWCOMER COUPLE

The Catholic Centre for Immigrants (CCI) has put our Parish's Refugee Committee in contact with a newcomer couple. They came to Canada over a year ago under a special program for Ukrainian refugees, but only moved to Ottawa this June looking for work. They have found temporary housing (until the end of August). They have been successful in finding work but are still looking for leads on affordable housing and more stable job opportunities. They are both fluent in English and have Ontario drivers licenses. They have a good reference from their previous landlord in Calgary. If anyone has a lead on affordable accommodation (ideally \$1200-\$1300/month), or is interested in seeing or distributing their resume, please contact the [parish office](#), or Christine Andress at christine.andress@gmail.com or 613-304-0585.

VISIT TO PILGRIMAGE CHURCH

As part of the Jubilee Year celebration at Canadian Martyrs Parish, the Jubilee group is organizing two visits to pilgrimage churches in the summer and the fall. The first visit will be on Wednesday, **August 20** to St. Patrick Basilica, 200 Kent Street. [St. Patrick Basilica](#) is one of four pilgrimage churches in the Archdiocese of Ottawa-Cornwall in which the faithful can obtain a [Jubilee Plenary Indulgence](#). We will depart from the parish parking lot at 3:30pm. The Sacrament of Reconciliation is at 4pm and Mass is at 4:30pm. Carpooling from the parish parking lot has been arranged but you can also bus, drive or walk and meet our group there. If you can offer a ride or need a ride, kindly let the [office](#) know no later than Thursday, **August 14**. Thank you!

ALTAR SERVER TRAINING

We hope to schedule altar server training this fall, date to be determined. Children who have received their first communion can become altar servers. We also encourage adults to become presider's assistants. If you are interested in attending the training, please [email](#) or call the office.

NO EGG CARTONS PLEASE!

Currently, the Centretown Community Food Centre does **NOT** need egg cartons. Please do not bring them to the church. **We are still collecting non-perishable food items for the Food Centre.** Thank you!

DONATIONS OF CHILDREN'S CLOTHING

One of our parishioners is taking part in an [Oblate Mission Awareness Tour](#) to Kenya in September where she will be involved in visits to numerous mission sites operated by the Oblates. She will have the opportunity to observe the ongoing work and engage directly with both the Oblates and the beneficiaries of their efforts. She would like to take a suitcase of children's clothing to donate to the children in Kenya. If you have gently-used summer clothing in children's sizes, please bring them to the Parish Centre before Sunday, **September 14**. Thank you!

CONFIRMATION PREPARATION

If your child is in grade 6 or older, please discuss with them if they would like to continue their faith journey with us this fall. The first session is a parents-only session on **September 20**. Please [register here](#), or contact Adele, religioused@canadianmartyrs.org for more details.

YOUTH GROUP

Young people in grades 6-12 are welcome to join our Youth Group. You will meet other people close to your age, and grow in faith together. Meetings will take place once a month, on Fridays starting in October.

RCIA PROCESS

Are you or someone you know interested in becoming fully initiated into the Catholic Church? Our RCIA (Rite of Christian Initiation of Adults) process welcomes you to join us on a journey of faith and discovery as we explore the richness of the Catholic faith. Our sessions begin in September and continue until Pentecost, meeting on Sundays before Mass. Together, we will break open the Word, delve into Catholic teachings and traditions, and engage in meaningful dialogue. We are here to walk this path with you! Please contact [the office](#) for more info.

JUNE COLLECTION

Collection:	\$ 9,038.60
Direct Deposit (EFT):	\$ 6,945.00
Canada Helps:	\$ 4,175.00
Total:	\$ 20,158.60

Average monthly expenses: **\$ 20,825.31**

Diocesan and Community News

OUR LADY OF KNOCK ANNUAL PILGRIMAGE,

Our Lady of Knock Shrine at St. Malachy's Church in Mayo, Quebec, will be holding their 68th annual pilgrimage to honour Our Lady's apparition at Knock, County Mayo, Ireland on Sunday, **August 10**. The Eucharist will be celebrated in English at 11am by Archbishop Durocher, Archbishop of Gatineau, assisted by Fr. Murray of St. Malachy's parish. Info: <http://stmalachyolv.com/pilgrimage.asp> or mayopilgrimage@gmail.com.

ARCHDIOCESAN HISTORIC CHURCH TOUR

Mark your calendars for the 4th Jubilee Year Historic Church Tour! On Saturday, **August 23**, starting at 1pm, you can discover St-François-d'Assise (20 Fairmont Ave, Ottawa) followed by St. Patrick's Basilica (220 Kent St, Ottawa). St-François is the largest church in Ottawa and was built in 1915. There will be a demonstration of the 1886/1988 pipe organ by organist-composer Gilles Maurice Leclerc. St. Patrick's Basilica was established in 1855, the first church to serve the Anglophone community, and was built in 1875. This beautiful neo-Gothic church was elevated to the status of minor basilica in 1995. No registration is required and all are welcome. Participants must arrange their own transportation.

OTTAWA PASTORAL CARE COURSES

The Ottawa Pastoral Care Training Program is pleased to confirm registration is open for fall 2025 courses and some are filling up quickly. Check out the brochure links at their [website](#) for program details including registration and payment information. Early bird registration for the basic course is available until **September 5**. Register early to confirm your space!

DRAW THE LINE MARCH

On Saturday, **September 20**, during the Season of Creation, communities across Canada will mobilize for the [Draw the Line](#) March, making clear to Prime Minister Mark Carney and the federal government that we will not accept injustice and destruction but a just and safe future for all. This march is a powerful collaboration involving CAN/RAC, 350 Canada, Fridays For Future Ottawa, Cafes Ottawa, Ecology Ottawa, Seniors For Climate Action Now, and Seniors For Climate. Join the march and together we can be part of global actions, uniting voices and calling for the fast-tracking of climate action now!

ON SYNODALITY- LEARNING TO LISTEN

In mid-June, 135 Catholics from across Canada discovered just how hard it can be to listen at a groundbreaking conference at St. Jerome's University College in Ontario. Listening is hard, but essential, says Fr. Daryold Corbierre Winkler, one of 15 Indigenous participants in the conference, called the Journey of Encounter, which ran June 15 to 18. The four-day conference was an experiment in synodality that follows from a four-year listening process initiated by the late Pope Francis. That process concluded at the Vatican last fall. "We need to learn how to listen to each other to come to peace, to be able to come to an understanding, for there to be dialogue," Winkler said. "We don't know how to listen to each other. We love to talk. We love to blah, blah, blah. We have great ideas. But we're not listening to what each other have to say." Read [the full article here](#).

JOIN THE JUBILEE MOVEMENT: SUPPORT DEBT RELIEF FOR A SUSTAINABLE FUTURE!

Jubilee 2025 is a global ecumenical initiative that builds on the transformative success of Jubilee 2000, which canceled \$100 billion of debt for 36 low-income countries. In Canada, KAIROS Canada is leading the campaign in collaboration with Citizens for Public Justice, Development and Peace, and the Office of Religious Congregations for Integral Ecology. Together, they are mobilizing communities of faith and conscience to demand: Debt cancellation for unjust and unsustainable debts, global financial reform to prevent future crises, a debt resolution framework within the United Nations that is transparent, binding and fair. Please consider lending your voice to this crucial cause by signing [the petition here](#) or on the D&P table at the back of the church. Your support can help drive this essential change and create a more equitable and sustainable world for all.

WHAT HAVE YOU BEEN GIVEN?

We can only build the Kingdom of God when we share what we have with others. Everyone's happiness depends on mutual sharing. This week, Gerard Conlan, OMI encourages us to reflect: what daily ritual can we do differently? Can we save power? e.g. turn off/on the heater/ cooler more/ less? Adjust the thermostat? Can we save water? e.g. capture rain water in a tank for the garden? Reduce the tap pressure? Reduce toilet flushes: yellow mellow, brown down? Can we reduce costs & share the benefits? eg. reduce crisps/ wine/ beer/ coffee once per week? Read his [full reflection here](#).

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2025-2030 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).