



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Frank Kuczera, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sheila Foy Connolly

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the

month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Brian Cano

Thurs., 6:30pm, via Zoom

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

Exaltation of the Holy Cross

September 13/14, 2025



Garden of Peace

Isaiah 32:14-18

**PEACE
WITH CREATION**
SEASON OF CREATION 2025

REMEMBER IN PRAYER: All who are ill, including Debbie Artman, Carol Bazinet, Isabella Boles, Devin Bursey, Brian Cano, Sandy Cano, Mike Charrier, Muriel Cornwall, Austin DeCoste, Molly Fraser, John H., Nick H., Eileen Kearns, Marigold Kenney, Bernard Kubale, Sandra LaPointe, Sr. Gwen Legault, OLM, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Janna Petrunik, Br. Len Rego, Fr. Ollie Rich, Jeff Stadtmueller, Mike Staples

MASS INTENTIONS: **Tues., Sept. 16** Intentions in our prayer basket; **Wed., Sept. 17** Brad Fielding & family by the Cerroni family; **Fri., Sept. 19** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Wed., Sept. 24** Pamela & Patrick Armstrong by Frances Montgomery; **Sat., Sept. 27** Brenda & Michael Kearns by Anne Marie Bazinet-Miller; **Thurs., Oct. 2** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Sat., Oct. 4** Theresa & Jack Nolan by Anne Marie Bazinet-Miller

EVENTS/MEETINGS

Sept. 1 - Oct. 4: Season of Creation

Sat., Sept. 20: Climate Fresk workshop, 1:30-4:30pm, Parish Centre

Sept. 20/21: Season of Creation Mass

Fri., Sept. 26: Feast of Canadian Martyrs Mass, 7pm (no 11:30am Mass)

Sat., Sept. 27: Altar server/Presider's assistant training, 11am

Sept. 27/28: Special Mass for the National Day for Truth and Reconciliation

Sat., Oct. 4: Pizza night after Mass

Our Parish News

CHILDREN'S LITURGY OF THE WORD

We are excited to announce that Children's Liturgy of the Word has returned after our summer break! Children are invited to join us on the 1st, 2nd, 4th (and 5th) Sundays of the month as we explore the Word of God in a way that is engaging and meaningful for our young ones. Parents are welcome to accompany their little ones.

CLIMATE FRESK CITIZENS' WORKSHOP

Hope, Connection and Action: In just 3 hours uncover the causes and consequences of climate change and discuss and develop your action plan. As part of the activities for the Season of Creation, a [Climate Fresk](#) workshop will be led by Climate Fresk Ottawa on Saturday, **September 20**, from 1:30-4:30pm. The interactive workshop will include activities such as: a card game on climate change, summary of the lessons learned, greenhouse gas emissions in Canada and ways to reduce it, and an action plan to combat climate change. To register, [click here](#) or contact the office; space is limited to 30 participants.

SEASON OF CREATION 2025

"The theme of this World Day of Prayer for the Care of Creation, chosen by our beloved Pope Francis, is "Seeds of Peace and Hope". On the tenth anniversary of the establishment of this Day of Prayer, which coincided with the publication of the Encyclical *Laudato Si'*, we find ourselves celebrating the present Jubilee as "Pilgrims of Hope." This year's theme thus appears most timely. In proclaiming the Kingdom of God, Jesus often used the image of the seed. As the time of his Passion drew near, he applied that image to himself, comparing himself to the grain of wheat that must die in order to bear fruit (cf. Jn 12:24). Seeds are buried in the earth, and there, to our wonder, life springs up, even in the most unexpected places, pointing to the promise of new beginnings. We can think, for example, of flowers springing up on our roadsides from seeds that landed up there almost by chance. As those flowers grow, they brighten the gray tarmac and even manage to break through its hard surface." Read the complete message from Pope Leo for the [Season of Creation here](#). We will celebrate our Season of Creation Mass on the weekend of **September 20/21**.

FEAST OF CANADIAN MARTYRS MASS

There will be a Mass on Friday, **September 26** at 7pm to celebrate the feast day of the Canadian Martyrs, followed by a reception in the parish centre. The 11:30am Mass on that day is cancelled.

ALTAR SERVER TRAINING

We will have an altar server training workshop on Saturday, **September 27** at 11am followed by a pizza lunch. Children who have received their first communion can be altar servers. We also welcome adult presider's assistants.

NATIONAL DAY FOR TRUTH & RECONCILIATION

We will recognize the National Day for Truth and Reconciliation at our Masses on **September 27 and 28**. Our T&R Committee is asking parishioners to wear orange to these Masses to mark the 10th anniversary of the Truth and Reconciliation Commission's final report

PIZZA NIGHT

Our first pizza night this fall will be on Saturday, **October 4** after Mass. Pizza is \$3/slice and drinks are \$1 each. Come join us for food, socialization, sometimes solace, and fun beyond the church pews!

WALK FOR THE CENTRE

Join us for the 10th Anniversary [Walk for the Centre](#) celebration! Canadian Martyrs will be hosting the celebration on Sunday, **October 5** from 1:30 - 4:00pm. Walk the western Rideau Canal pathway on a 2 or 4 km loop in support of the Centretown Community Food Centre. You could win the Spirit of the Walk prize worth \$250 from Davidson's Jewellers. Before the walk, there will be a banjo performance and guest speakers. The Sons of Scotland Pipe Band will lead us on the walk. Please dust off your walking shoes and plan [to join the team \(or sponsor us!\)](#) from Canadian Martyrs in support of this great cause!

UPCOMING BOOK STUDY: *BECOMING KIN*

Join the Truth and Reconciliation committee for a 6-week online study of *Becoming Kin: An Indigenous Call to Unforgetting the Past & Reimagining the Future* by Patty Krawec.

⇒ Tuesdays, **Oct. 7 – Nov. 18** (skipping Oct. 21)
⇒ 3:00–4:30pm on Zoom

Together, we'll explore selected sections and discuss themes of reconciliation and healing through open, respectful conversation. To register, contact Janyce Elser-Ethier at elserethierjanyce@gmail.com. Zoom link will be provided upon registration. All are welcome! For more information visit the T&R table in the church foyer or [click here](#).

Diocesan and Community News

JUBILEE YEAR HISTORIC CHURCH TOUR

On Sunday, **September 14** at 1pm, you are invited to discover the Bruyère Chapel, 27 Bruyère St, followed by Notre-Dame Cathedral Basilica, 385 Sussex Dr. The Bruyère Chapel was built in 1936 for the Sisters of Charity of Ottawa. Sister Élisabeth Bruyère, spiritual daughter of Saint Marguerite d'Youville, established the order in Ottawa in 1845. This beautiful chapel has seating for 950, one of the finest acoustics in the city, and is very rarely open to the public. Notre-Dame Cathedral Basilica, built in 1846, is the oldest church in Ottawa. This Neo-Gothic church is overflowing with carvings, vivid colours, statues and rich symbolism. There will be a demonstration of the pipe organ as well as a tour of the sacristy.

Tours will be given in English and French. No registration is required and all are welcome. It is a 5-minute walk from the Bruyère Chapel to Notre-Dame.

LABYRINTH WALK

The Church of the Ascension, 253 Echo Dr., invites you to walk a temporary labyrinth in their sanctuary at the time of the autumn equinox on Thursday, **September 18** at 7pm. On the autumn equinox, day and night are of equal length. This signals the need to balance light and darkness within us. As we watch leaves fluttering to the ground in the fall, we are reminded that nature's cycles are mirrored in our lives. Autumn is a time for letting go and releasing things that have been a burden. Check Ascension's website for additional information www.churchoftheascension.ca.

SYNODALITY AND TRUTH & RECONCILIATION

Concerned Lay Catholics are pleased to invite you to a conversation on Synodality and Truth and Reconciliation on Thursday, **September 25** from 6:30-8:30pm. Listening and creating a culture of encounter is central to synodality - and also to truth and reconciliation. As we approach National Truth and Reconciliation Day in Canada, you are invited to join in the conversation to reflect together on the question: How can synodality further the cause of Truth & Reconciliation in the Catholic Church in Canada? Led by a distinguished panel, we will explore this important topic. It promises to be a rich shared reflection. [Click here](#) to register.

KAIROS BLANKET EXERCISE

St. Joseph's Parish is proud to host a Kairos Blanket Exercise on the evening of Monday, **September 29**; and they would like to extend an invite to our parishioners. A brief overview: The blanket exercise is an experiential

teaching tool that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada. The exercise covers pre-contact, treaty-making, colonization, resistance and more. Clifford Mushquash, from Pawgwasheeng (Pays Plat First Nation) on the northshore of Gichigami (Lake Superior), will serve as our Facilitator, and John Henri Commanda (Ojibway) of the Eagle Clan and a member of Okikendawt (Dokis First Nation), as our co-facilitator. All are welcome to this free event, which is recommended for participants aged 12 and up. [Please click here](#) for more information and to register for this event.

NATIONAL DAY FOR TRUTH AND RECONCILIATION

On **September 30**, we mark the 5th annual National Day for Truth and Reconciliation. In the lead-up to the National Day for Truth and Reconciliation, Rideau Hall will hold a [special Doors Open event](#) on **September 28**, from 10am to 4pm to encourage the public to reflect upon the 10 years that have passed since the release of the Truth and Reconciliation Commission's final report. On **September 30**, from 9am to 1pm, Rideau Hall will host a Sacred Fire led by an Indigenous fire keeper. Guided tours on that day will be specifically focused on reconciliation and the Heart Garden. Also, in honour of Orange Shirt Day and the National Day for Truth and Reconciliation, First Nations Child & Family Caring Society invites you to learn about Canada's history in the spirit of truth and reconciliation, reflect on the legacy of the residential school system, and take action. The Caring Society is pleased to partner again with Assembly of Seven Generations (A7G) and Beechwood Cemetery. They will be offering Reconciling History walking tours (registration required) and other activities to learn about the past and take action toward reconciliation. To find out more about these activities and others happening in Ottawa on September 30, please [click here](#) and for resources from Kairos Canada, [click here](#).

ARCHDIOCESAN SPECIAL MASS

All are invited to gather for an Archdiocesan Special Mass on the National Day for Truth and Reconciliation with Archbishop Marcel Damphousse presiding on **September 30** at 7:00pm at the Notre Dame Cathedral Basilica, 385 Sussex Dr. This day is a vital component of the reconciliation process, and we join in public commemoration of the tragic and painful history of residential schools and their ongoing impacts.

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2025-2030 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).