



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Frank Kuczera, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sheila Foy-Connolly

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Brian Cano

Thurs., 6:30pm, via Zoom

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

23rd Sunday in Ordinary Time

September 6/7, 2025



Garden of Peace
Isaiah 32:14-18

PEACE WITH CREATION

SEASON OF CREATION 2025

REMEMBER IN PRAYER: All who are ill, including Debbie Artman, Carol Bazinet, Isabella Boles, Devin Bursey, Brian Cano, Sandy Cano, Mike Charrier, Muriel Cornwall, Theresa Cull, Austin DeCoste, Molly Fraser, John H., Nick H., Eileen Kearns, Marigold Kenney, Bernard Kubale, Sandra LaPointe, Sr. Gwen Legault, OLM, Tony Lim, Wayne, Liz and Ian MacDonald, John Peart, Janna Petrunik, Br. Len Rego, Fr. Ollie Rich, Jeff Stadtmueller, Mike Staples

MASS INTENTIONS: **Sat., Sept. 6** Albert Casuga by the Lalonde family; **Tues., Sept. 16** Intentions in our prayer basket; **Fri., Sept. 19** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Tues., Sept. 23** Pamela & Patrick Armstrong by Frances Montgomery; **Thurs., Oct. 2** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Sat., Oct. 4** Theresa & Jack Nolan by Anne Marie Bazinet-Miller; **Sat., Oct. 11** Albert Casuga by the Lalonde family; intentions of Leonard & Denise Herbert by Leonard Herbert

EVENTS/MEETINGS

Sept. 1 - Oct. 4: Season of Creation

Sept. 6/7: Backpack blessing at Masses

Thurs., Sept. 11: 507 Sandwich Club resumes

Sat., Sept. 20: Climate Fresk workshop 1:30-4:30pm

Sept. 20/21: Season of Creation Mass

Fri., Sept. 26: Feast of Canadian Martyrs Mass, 7pm

Sat., Oct. 4: Pizza night after Mass

Our Parish News

BACKPACK BLESSING

Students (elementary, high school and university) are invited to bring their backpacks to Mass on the weekend of **September 6/7** to be blessed for the beginning of the school year.

CHILDREN'S LITURGY OF THE WORD

We are excited to announce that Children's Liturgy of the Word has returned after our summer break! Children are invited to join us on the 1st, 2nd, 4th (and 5th) Sundays of the month as we explore the Word of God in a way that is engaging and meaningful for our young ones. Parents are welcome to accompany their little ones. We look forward to seeing you there!

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by Wednesday, **September 10** for our September 2025 issue.

CLIMATE FRESK CITIZENS' WORKSHOP

Hope, Connection and Action: In just 3 hours uncover the causes and consequences of climate change and discuss and develop your action plan. As part of the activities for the Season of Creation, a [Climate Fresk](#) workshop will be led by Climate Fresk Ottawa on Saturday, **September 20**, from 1:30-4:30pm. The interactive workshop will include activities such as: a card game on climate change, summary of the lessons learned, greenhouse gas emissions in Canada and ways to reduce it, and an action plan to combat climate change. To register [click here](#) or contact the office, space is limited to 30 participants.

SEASON OF CREATION 2025

"The theme of this World Day of Prayer for the Care of Creation, chosen by our beloved Pope Francis, is "Seeds of Peace and Hope". On the tenth anniversary of the establishment of this Day of Prayer, which coincided with the publication of the Encyclical *Laudato Si'*, we find ourselves celebrating the present Jubilee as "Pilgrims of Hope." This year's theme thus appears most timely. In proclaiming the Kingdom of God, Jesus often used the image of the seed. As the time of his Passion drew near, he applied that image to himself, comparing himself to the grain of wheat that must die in order to bear fruit (cf. Jn 12:24). Seeds are buried in the earth, and there, to our wonder, life springs up, even in the most unexpected

places, pointing to the promise of new beginnings. We can think, for example, of flowers springing up on our roadsides from seeds that landed up there almost by chance. As those flowers grow, they brighten the gray tarmac and even manage to break through its hard surface." Read the complete message from Pope Leo for the [Season of Creation here](#). We will celebrate our Season of Creation Mass on the weekend of **September 20/21**.

FEAST OF CANADIAN MARTYRS MASS

There will be a Mass on Friday, **September 26** at 7pm to celebrate the feast day of the Canadian Martyrs, followed by a reception in the parish centre. The 11:30am Mass on that day is cancelled.

PIZZA NIGHT

Our first pizza night this fall will be on Saturday, **October 4** after Mass. Pizza is \$3/slice and drinks are \$1 each. Come join us for food, socialization, sometimes solace, and fun beyond the church pews!

WALK FOR THE CENTRE

Join us for the 10th Anniversary [Walk for the Centre](#) celebration! Canadian Martyrs will be hosting the celebration on Sunday, **October 5** from 1:30 - 4:00pm. Walk the western Rideau Canal pathway on a 2 or 4 km loop in support of the Centretown Community Food Centre. You could win the Spirit of the Walk prize worth \$250 from Davidson's Jewellers. Before the walk, there will be a banjo performance and guest speakers. The Sons of Scotland Pipe Band will lead us on the walk. Please dust off your walking shoes and plan [to join the team \(or sponsor us!\)](#) from Canadian Martyrs in support of this great cause!

UPCOMING BOOK STUDY: *BECOMING KIN*

Join the Truth and Reconciliation committee for a 6-week online study of *Becoming Kin: An Indigenous Call to Unforgetting the Past & Reimagining the Future* by Patty Krawec.

⇒ Tuesdays, **Oct. 7 – Nov. 18** (skipping Oct. 21)

⇒ 3:00–4:30pm on Zoom

Together, we'll explore selected sections and discuss themes of reconciliation and healing through open, respectful conversation. To register, contact Janyce Elser-Ethier at elserethierjanyce@gmail.com. Zoom link will be provided upon registration. All are welcome! For more information visit the T&R table in the church foyer or [click here](#).

Diocesan and Community News

AKWESASNE POWWOW

The [Akwasasne Powwow](#) (**September 6 and 7**) will bring Indigenous dancers, drummers, crafters and food vendors to Lamoureux Park in Cornwall for a busy weekend. Visitors can see competitions, shop the vendors' market and more. The gates open at 10am each day and the festivities begin with a grand entry at noon daily. Cornwall Transit will be offering free public transportation with many stops around the park.

OPEN NCC

[Open NCC](#) on Saturday, **September 13** is a one-day opportunity to enjoy special activities and behind-the-scenes peeks at a wide range of National Capital Commission sites, such as Major's Hill Park, Gatineau Park and the NCC River House. You can enjoy presentations, guided tours, live music and more, and most of the activities are drop-in style. Some activities require advance registration, such as a 10-kilometre guided bike tour along the Ottawa River. Check the main site for full details on all the activities.

LABYRINTH WALK

The Church of the Ascension, 253 Echo, invites you to walk a temporary labyrinth in their sanctuary at the time of the autumn equinox on Thursday, **September 18** at 7pm. On the autumn equinox, day and night are of equal length. This signals the need to balance light and darkness within us. As we watch leaves fluttering to the ground in the fall, we are reminded that nature's cycles are mirrored in our lives. Autumn is a time for letting go and releasing things that have been a burden. Check Ascension's website for additional information www.churchoftheascension.ca.

GALILEE CENTRE 50TH ANNIVERSARY

Since 1975, Galilee Centre has welcomed individuals and communities seeking deeper connections with themselves, others, God, and nature. Thus, 2025 marks a momentous milestone for Galilee Centre! Friends, volunteers, participants, and supporters are invited to celebrate this milestone with us on **September 19/20**. Let's honour the Centre's grace-filled history and give thanks for the lives transformed there. Whether you are a long-time member or new to Galilee Centre, your presence will make the celebration special. Please join in celebrating Galilee Centre's 50th anniversary. For details, [click here](#) or contact info@galileecentre.com or 613-623-4242 x 21. [Click here to register](#) for 50th Anniversary events online.

THE MAIN EVENT

The Main Event returns for another weekend of neighbourhood fun in 2025! From **Friday, September 19 - Sunday, September 21**, Old Ottawa East is the place to be! From Movie Night, to The Main Event celebrations and the Old Ottawa East Community Garage Sale, there is sure to be activities and entertainment for the whole family. More details will be shared on the [Old Ottawa East Community website](#) in the coming days.

WORLD DAY OF MIGRANTS AND REFUGEES

On **September 28**, we observe the World Day of Migrants and Refugees. "In a world darkened by war and injustice, even when all seems lost, migrants and refugees stand as messengers of hope. Their courage and tenacity bear heroic testimony to a faith that sees beyond what our eyes can see and gives them the strength to defy death on the various contemporary migration routes. Here, too, we can find a clear analogy with the experience of the people of Israel wandering in the desert, who faced every danger while trusting in the Lord's protection," writes Pope Leo XIV. More information can be [found here](#).

NATIONAL DAY FOR TRUTH AND RECONCILIATION

On September 30, we mark the 5th annual National Day for Truth and Reconciliation. This year also marks the 10th anniversary of the Truth and Reconciliation Commission's final report, which reminds us of the need to continue walking with and learning from Indigenous Peoples in a spirit of respect and solidarity. In the lead-up to the National Day for Truth and Reconciliation, Rideau Hall will hold a [special Doors Open event](#) on **September 28**, from 10am to 4pm. Programming will encourage the public to reflect upon the 10 years that have passed since the release of the Truth and Reconciliation Commission's final report, and will include interactive art activities. On **September 30**, from 9am to 1pm, Rideau Hall will host a Sacred Fire for the community, led by an Indigenous fire keeper. Guided tours on that day will be specifically focused on reconciliation and the Heart Garden.

Immaculata High School

140 Main St.
Proud Sponsors of
the Community
613-237-2001



**Whelan
Funeral Home**
Sean P. Copeland
515 Cooper St.
613-233-1488



Because family matters.

Our specialists are ready to assist.

Kelly Funeral Homes • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255

Arbor Memorial Inc.



**If you would like to
advertise in our
bulletin, please call
or email the office.**

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



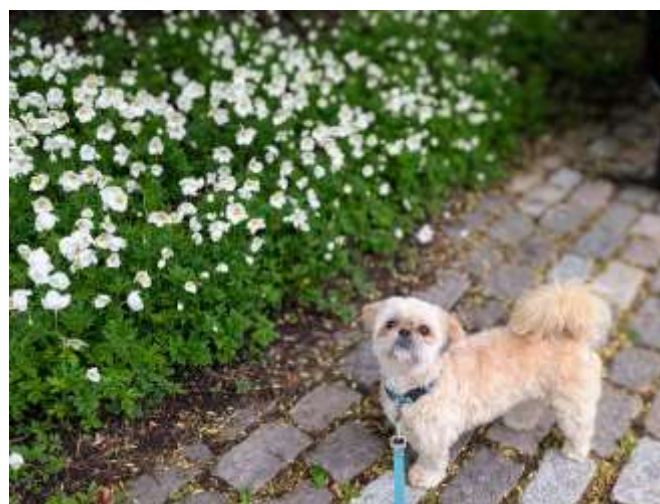
**OTTAWA
PHYSIOTHERAPY &
SPORT CLINICS™**
(MAIN STREET)

OPTSC.COM
(613) 567-4808

**205-194 MAIN STREET
MON.-FRI. 7AM-8PM & SAT. 8AM-1PM**



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2025-2030 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).