



Holy Canadian Martyrs Church

A parish of the Missionary Oblates of Mary Immaculate
100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

We gather on the traditional and unceded territory of the Algonquin Nation. We offer our time, our attention, and our support, listening and learning together, knowing that respect grows strongest when it is shared.

Mass Schedule

Tuesday at 7:00pm

Wednesday-Friday at 12:15pm

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Before Mass Tuesday-Saturday
or call the office

Pastor

Fr. Frank Kuczera, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

John Richardson

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Laudato Si' Team

Agnes Richard

Meetings: 2nd Wed., 7pm

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the
month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Brian Cano

Thurs., 6:30pm, via Zoom

RCIA

Sundays, 8:45am, Parish Centre

6th Sunday in Ordinary Time

February 14/15, 2026



REMEMBER IN PRAYER: All who are ill, including: Debbie Artman, Carol Bazinet, Devin Bursey, Brian Cano, Sandy Cano, Austin DeCoste, Fr. Jim Fiori, John H., Nick H., Eileen Kearns, Marigold Kenney, Sandra LaPointe, Sr. Gwen Legault, OLM, Tony Lim, Fr. Peter Monty, Marg Anne Morrison, Janna Petrunik, Michael Petrunik, Eleanor Rabnett, Br. Len Rego, Fr. Ollie Rich, Caroline Samson, Jeff Stadtmueller, Mike Staples, Beatriz Vercosa Leal

MASS INTENTIONS: **Sat., Feb. 14** Marissa Espejo by Lalonde family; **Thurs., Feb. 19** Pauline Asselin by Margaret Denneny; **Fri., Feb. 20** Jorma Nieminen by Mede McAtee; **Sat., Feb. 21** Tara Baran & family by Lily Carroll; **Tues., Feb. 24** Bertha Dibartolo by Margaret Denneny; **Thurs., Feb. 26** Jim & Mary McMinn by Margaret Denneny; **Fri., Feb. 27** Intentions in our prayer basket; **Wed., March 4** Intentions of Julian & Sandra Bennett by Yvonne Bennett; **Sat., March 7** Jim Chambers by his family

EVENTS/MEETINGS

Sun. Feb. 15: Lunch and Learn on Oblate charism, after Mass

Tues., Feb. 17: Shrove Tuesday pancake supper, sign up required, 5:30pm

Wed., Feb. 18: Ash Wednesday, Masses at 12:15pm and 7pm

Tues., Feb. 24: Adoration following 7pm Mass (monthly on the last Tuesday)

Sun., Mar. 1: Oblate Mission in Kenya presentation, after Mass

Tues., March 3: Stations of the Cross, after 7pm Mass

Sat., March 7: Pizza night with St. Paddy's Day music, after Mass

Our Parish News

ANNOUNCEMENTS AT MASSES

To help ensure everyone hears important parish news, committees and ministries are asked to submit their announcements to the office and we will make sure that they are delivered at **both the Saturday and Sunday Masses**. Thank you for helping us keep the whole parish informed!

FEBRUARY 17 MASS TO CELEBRATE 200 YEARS

On Tuesday, **February 17** at our 7pm Mass, we will mark the 200th anniversary of the approval of the Constitution and Rules of the Missionary Oblates of Mary Immaculate – a foundational moment in the life of the Congregation that continues to shape their missionary identity and apostolic commitment. [Read the letter from Fr. Luis Alonso, OMI, Superior General](#), celebrating this Jubilee: To recognize, to embrace, to walk (omiworld.org).

ASH WEDNESDAY MASSES

On Ash Wednesday, **February 18**, we will have Masses (with ashes) at 12:15pm and 7pm.

WHO IS SAINT EUGENE DE MAZENOD?

Join us on Sunday, **February 15** after Mass for our Lunch and Learn: A journey look into the Oblate charism. Who was this young refugee who became a saint? What influenced his life? What motivated him to found a missionary community? What does his life, his charism have to do with us today? Come and learn about the founder of the Oblates of Mary Immaculate and what his charism means for the church and for us today. Pamela Dixon, an Oblate Associate and Fr. Richard Beaudette, OMI will lead the gathering, reflecting on St. Eugene's charism and its place in our world today.

SHROVE TUESDAY PANCAKE SUPPER

Our Pastoral Council is hosting a pancake supper on Shrove Tuesday, **February 17** at 5:30pm before the 7pm Mass. The cost is \$5. Seating is limited to 40 people, so please add your name and contact information to the sign-up sheet on the Mass Coordinators' table or [email](#) the office. If you would like to volunteer to help with this event, please email the office.

EUCCHARISTIC ADORATION

On the last Tuesday of the month, **beginning February 24**, the daily Mass at 7pm will be followed by Eucharistic Adoration. All are welcome.

SHARE LENT WORKSHOP

On Saturday, **February 28** from 9:30am to 1pm, our parish is hosting the Ottawa-Cornwall Diocesan Share Lent workshop. Join us! This workshop will give you the opportunity to discover Development and Peace's Share Lent campaign, On Track for Justice. You will explore the work of our Brazilian partner, Justiça nos Trilhos (Justice on the Rails), and deepen your understanding of Development and Peace - Caritas Canada, its mission, and its actions. Refreshments and lunch are included.

KENYA: AN ADVENTURE IN MISSION AWARENESS PRESENTATION

On Sunday, **March 1** after Mass, join Arnie Francis, a local traveler, Oblate Associate, and Galilee Board Director, and parishioner, McE Galbreath, on a journey through rural and urban Kenya, to explore Oblate missionary work among the most marginalized citizens of the country and "shilling-for-shilling" shared development. Free-will offering to Oblate Kenyan projects welcomed.

STATIONS OF THE CROSS DURING LENT

During Lent, the Stations of the Cross will be presented by various parish groups **on Tuesdays after the 7pm Mass**.

March 3: led by the Youth Group

March 10: led by the *Laudato Si'* Committee: an Ecological Stations of the Cross that will draw parallels between Jesus' suffering and the suffering of the planet.

March 17: led by Mass Coordinators

March 24: Development and Peace: the Solidarity Way of the Cross.

OFFERINGS FROM THE HEART

♥ I made food for my mom.

♥ I helped someone.

♥ A friend was sad so I helped.

Children are invited to write a blessing or act of kindness on a heart, place it in a children's offering envelope, and put it in the collection basket during the Offertory. Envelopes and hearts are available on the table to the left as you enter the church.

Diocesan and Community News

BLACK HISTORY MONTH

Celebrate Black History, culture and heritage all month long with [event listings here](#).

HERITAGE DAY 2026!

Celebrate this year's theme "Voices of a City: Celebrating Two Centuries of Collective Histories and Local Heroes in Ottawa". Join the Capital Heritage Connexion in partnership with the City of Ottawa Cultural and Heritage Programs Branch at 12 noon on Tuesday, **February 17** at Jean Pigott Place, City Hall for a celebration of Heritage Day. [Heritage Ottawa](#) will have a booth at the Marketplace there and they hope you will stop by and say hello.

ON TRACK FOR JUSTICE WEBINAR

Join the *On Track for Justice* campaign launch webinar to learn all about Development and Peace - Caritas Canada's new Share Lent campaign, *On Track for Justice*, on Saturday, **February 21** at 1:30pm. You will learn about the work of D&P's Brazilian partner, Justiça nos Trilhos (Justice on Rails), in the company of Padre Dario Bossi, a Comboni missionary and Lenten solidarity visitor, and a member of a community along the Carajás railway that is affected by industrial agriculture. Interpretation will be provided in French, English and Portuguese. To register, [click here](#). To learn more about the campaign: devp.org/lent.

SCROLL SMARTER - INTERFAITH TEEN EVENT

On **February 28**, at 7pm, the Capital Region Interfaith Council is hosting an event for teens and their parents around the impact of faith on social media use at the Soloway JCC, 21 Nadolny Sachs Pvt. Two expert speakers (one for parents and one for teens) will present on this research in a way that will resonate with each group. [Information and registration here](#).

DILEXI TE: AN IGNATIAN PERSPECTIVE

On Friday **March 6**, 3-5pm via Zoom, the Jesuit Forum is pleased to invite Regis College professor, Susan Wood, SCL, and the Jesuits of Canada assoc. assistant for justice and Indigenous relations, Peter Bisson, SJ, for an in-depth Ignatian rooted reflection on Pope Leo's recent apostolic exhortation, *Dilexi Te, On Love for the Poor*. Register [here](#).

INDIGENOUS JUSTICE EVENT

Co-sponsored by Kateri Native Ministry (KNM) and St. Joseph's Parish, the first annual Fr. Jim Bleackley, OMI Memorial Lecture on Indigenous Justice is an opportunity for learning, respectful dialogue, and relationship-building in support of Call to Action 61 of the Truth and Reconciliation Commission (TRC). On Thursday, **March 5** (new date) at 7pm at St. Joseph's Parish, 151 Laurier Avenue East, Anishinaabe author, professor, editor and activist, Niigaan Sinclair, will inaugurate [this series](#) with a reflection on where Canada stands in its reconciliation journey in the decade since the TRC was released. A free-will offering for KNM will be collected. All are welcome, please share the event with your friends and neighbours! For more information, contact Mikayla at info@st-josephs.ca or 613-233-4095 x 251.

LAUDATO SI' MOVEMENT LENT 2026

Lent 2026 invites us to return to what matters most: to Christ, to one another, and to our wounded yet beloved common home. This Lent, the Laudato Si' Movement invites you to walk a shared journey of prayer, contemplation, and ecological conversion—one that is simple, deep, and rooted in faith. Receive [weekly Lenten reflections](#) from the Laudato Si' Movement to guide your prayer and ecological conversion throughout Lent. Rooted in Scripture and contemplation, each reflection offers simple prompts to listen to the cries of the Earth and the poor and respond with faith and action.

COVERING THE SYNOD NOVALIS WEBINAR

Over the course of sixty intense days in Rome, the Synod of Bishops unfolded as a pivotal moment for the global Church: a time marked by candid debates, hopes for renewal, behind the scenes tensions, and surprising breakthroughs. In *A Synod Diary: Sixty Days That Shook the Church*, Michael W. Higgins offers a vivid, day by day chronicle of the 2021 - 2024 Synod of Bishops, drawing on his unique perspective as an external observer to illuminate the dynamics shaping its vision of communion, participation, and mission. For this webinar on **February 26** at 2pm on Zoom, organised in collaboration with Concerned Lay Catholics, Dr. Higgins will join Fr. Édouard Shatov to reflect on what truly unfolded during those sixty days, why the synod may prove transformative and how its legacy might influence the Church beyond the Francis era. [Registration is free](#) and all are welcome.

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Contact us today!

Holy Canadian Martyrs Parish

Volunteer with us!

Canadian Martyrs is proud of its vibrant and active community, with many different committees and ministries currently serving the needs of our parish and neighbourhood.

Volunteers come from many backgrounds, all ages, and interests. All we ask is that you have a positive attitude and a willingness to learn.

If you are interested in learning more, or would like to be connected with a particular group, you can:

- Browse the volunteer binder on the Welcome Table in the church foyer
- Check out "Our Ministries and Committees" page at www.canadianmartyrs.org
- Reach out to the church office: office@canadianmartyrs.org



Parish Committees and Ministries

Altar Servers	Liturgy Committee
Children's Liturgy	Mass Coordinators
Communications	Music Ministry
Development and Peace	Parish Pastoral Council
Eucharistic Ministers	Pastoral Care Team
Faith Formation	Prayer of the Faithful
Finance Council	RCIA Team
507 Sandwich Club	Refugee Settlement Committee
Greeters	Sacramental Preparation
Hospitality Team	Synod Committee
Laudato Si' Team	Truth & Reconciliation Committee
Lectors	Ushers
Liturgical Environment	Youth Group

Which ministry is calling you?



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.

PARISH REGISTRATION: The registration form is available on the Welcome Table in the church foyer or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call or email the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#). The Pastoral Plan 2025-2030 can be [found here](#). These documents are also on the Welcome Table in the church foyer.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund). If you would like to volunteer, please contact the office.