



Holy Canadian Martyrs Church

A parish of the Missionary Oblates of Mary Immaculate

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

We gather on the traditional and unceded territory of the Algonquin Nation.

*We offer our time, our attention, and our support, listening and learning together,
knowing that respect grows strongest when it is shared.*

THE ASCENSION OF THE LORD, MAY 16/17, 2026

MASS SCHEDULE

Saturday 5:00pm

Sunday 10:00am

Tuesday 7:00pm

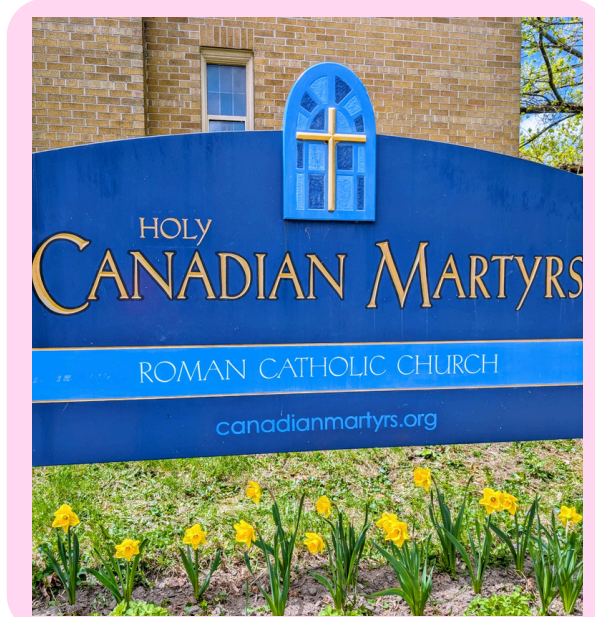
Wed.-Fri. 12:15pm

Sacrament of Reconciliation

Before Mass Tuesday-Saturday or call the office

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)
[canadianmartyrsottawa](#)



REMEMBER IN PRAYER: All who are ill, including: Debbie Artman, Carol Bazinet, Devin Bursey, Brian Cano, Sandy Cano, Virginia Cassidy, Austin DeCoste, Fr. Jim Fiori, John H., Nick H., Eileen Kearns, Marigold Kenney, Sandra LaPointe, Sr. Gwen Legault, OLM, Tony Lim, Fr. Peter Monty, Marg Anne Morrison, Maryalice Nugent, Janna Petrunik, Michael Petrunik, Archbp. Terrence Prendergast, Eleanor Rabnett, Br. Len Rego, Fr. Ollie Rich, Caroline Samson, Jeff Stadtmueller, Beatriz Vercosa Leal

MASS INTENTIONS: **Sat., May 16** Claude Morrison, Fred Miller & deceased Oblates & Associates by A-M Bazinet-Miller; **Tues., May 19** Intentions in our prayer basket; **Wed., May 20** Fr. Brendan Megannety, OMI by Yvonne Bennett; **Sat., May 23** Bernadine Burke by Michael Cassidy; **Fri., May 29** Jorma Nieminen by Theresa Nieminem; **Sat., May 30** Jorma Nieminen by Theresa Nieminem

MEETINGS AND EVENTS

Wed., May 20: Faith Formation Committee meeting, 7pm

Sat., May 23: Spring Parish Clean-up, 9am; **Sun., May 24:** International Potluck after Mass; **Tues., May 26:** Adoration after Mass

Sat., June 6: Doors Open Ottawa; **Tues., June 16** Volunteer Appreciation after 7pm Mass; **Sun., June 21:** Mass on the Grass and BBQ, 10am

Pastor

Fr. Frank Kuczera, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Youth Coordinator

Mallory McAvoy-Daniels

Pastoral Council

John Richardson

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Laudato Si' Team

Agnes Richard

Meetings: 2nd Wed., 7pm

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Brian Cano

Thurs., 6:30pm, via Zoom

RCIA

Sundays, 8:45am

Parish Centre

PARISH SPRING CLEAN-UP

On Saturday, **May 23**, we will be having our spring clean-up from 9am to noon. This used to be an annual event that was put on hiatus by the pandemic, so we are finally getting back on track! We will be cleaning the inside of the church (cleaning windows, washing pews) and tidying the church grounds. Please bring mops, pails, Swiffers, rakes, etc. Please sign up at the Welcome Table in the church foyer, so we will know numbers for lunch. We will also need volunteers to help serve the lunch. Thank you!

INTERNATIONAL POTLUCK

On **May 24** after the 10am Mass, join your fellow parishioners in the cafeteria of Immaculata High School for an International Potluck lunch organized by the Canadian Martyrs Parish Social Committee. There will be food, fellowship and fun for all ages... with a global flavour! Bring a dish to share, meet friends old and new, learn some dance moves and enjoy trivia. Sign up to attend on the sheet on the Welcome Table in the church foyer or [click here](#) AND tell us what dish you'll be bringing to share. Choose 3-5 songs from your culture (include title and artist) and add them to the [song list](#) for the potluck. For more information, see page 4 of the bulletin or visit our website: <https://canadianmartyrs.org/happenings/>.

DOORS OPEN OTTAWA

Canadian Martyrs will be participating in [Doors Open Ottawa](#) on Saturday, **June 6**. This annual event invites visitors to explore unique and historic buildings across the region, including places of worship. We welcome parishioners, neighbours, and guests to visit our church, learn about our parish history, and experience the beauty and heritage of our sacred space. More details and volunteer opportunities will be shared in the coming weeks.

VOLUNTEER/MINISTRY APPRECIATION EVENT

Join us after the Tuesday evening Mass on **June 16** for our Volunteer Appreciation Event! In gratitude for all who share their time and talents in our parish community, everyone is invited to stay and enjoy a "Build Your Own Ice Cream Sundae" social in the parish centre. We look forward to celebrating and thanking our wonderful volunteers together.

PROPOSED MURAL PROJECT

Our parish Truth and Reconciliation Committee is researching the use of Indigenous art in the form of an outdoor mural, with funding already approved by the Archdiocesan Indigenous Reconciliation Fund committee. This will be a collaborative process. We are seeking parish support before proceeding. You can read about the project and see an initial artists' proposal for the mural in [this overview](#) – the artists will be asking for community input before anything is finalized. If you have comments, you will find paper and pencils on the T&R table in the church foyer or you can [email the office](#). Thank you!

SAVE THE DATE! MASS ON THE GRASS

Mark your calendars! Mass on the Grass returns on Sunday, **June 21**! We will have Mass on the lawn at Immaculata High School (bring your lawn chair!) and then enjoy a BBQ lunch in our parking lot.

SCAM ALERT: PROTECT YOUR INFORMATION

Please be aware that scammers often impersonate clergy or staff via email or text, asking for urgent favours, "secret" tasks, or gift cards. Fr. Frank and parish staff will never ask you for money or gift cards over email. Check the Sender: Always verify the actual email address, not just the display name. Don't Click: Avoid clicking links or downloading attachments from unexpected messages. Verify Directly: If you receive a suspicious request, call the Parish Office directly to confirm. Stay vigilant & help us keep our community safe!

JOURNEY OF TRUTH AND RECONCILIATION

- [Personal Journeys](#), Friday, **May 29**, 7-9pm at Library and Archives Canada, 395 Wellington St., is an evening of storytelling and dialogue that brings together diverse voices to share lived experiences, explore identity, and discover common ground across cultures. Through conversation, music, and art, the event encourages reflection, connection, and cross-cultural understanding. Free, [registration is required](#).
- *Would Jesus wear an orange shirt?* By Fr. Daryold Winkler, Archdiocese of Ottawa-Cornwall: To imagine him wearing an orange shirt—the symbol of remembrance for residential school survivors—is to recognize that Christ stands in solidarity with those who suffered, and with the families and communities who continue to carry that pain. Read [the full article here](#).

ONE WEEK. ONE ACTION. A GLOBAL CATHOLIC RESPONSE.

Each year, the global Church unites to celebrate Laudato Si' Week — an annual moment of prayer, reflection, and concrete action inspired by Laudato Si' by Pope Francis. In 2026, from **May 17–24**, Catholics across continents will once again respond together — not just with words, but with action. Laudato Si' Week 2026 is not about doing everything. It is about doing something — together. Enroll and add your action:

<https://laudatosiweek.org/>

THE 60TH WORLD DAY OF SOCIAL COMMUNICATIONS

Pope Leo XIV has chosen “Preserving human voices and faces” as the theme for the 60th World Day of Social Communications, set to take place on **May 17, 2026**. In a communiqué announcing the theme, the Dicastery for Communication – responsible for the World Day – states that “In today’s communication ecosystems, technology influences interactions more than ever before - from algorithms curating news feeds to AI authoring entire texts and conversations.” To read more: [Message of his Holiness Pope Leo XIV for the 60th World Day of Social Communications](#).

TULIPATHON

Join all Multifaith Housing Initiative (MHI) walkathon teams for the annual walkathon fundraiser on Sunday, **May 24**, from 2-4pm. Join or make a donation to a team, or make a general donation today! Each May, rain or shine, MHI hosts Tulipathon, a 3km walkathon fundraiser at Commissioners Park. This annual event invites MHI’s 80+ faith group members, their congregations, and the wider community for a scenic walk through the tulips. With 100% of all proceeds going toward MHI’s subsidies program, their goal this year is to raise \$125,000. With nine housing communities and the tenth under construction, MHI has an increased number of families and individuals that qualify for rent subsidies. To register or donate, [click here](#).

NATIONAL FAMILY AND LIFE WEEK

“I am with you always.” (Matthew 28:20) Christ’s words at the time of his Ascension serve as this year’s theme for [National Family and Life Week 2026](#), **Sunday, May 10 - Sunday, May 17**. Families, parishes and parish groups, ecclesial movements and associations, as well as Catholic schools, are encouraged to take time this week to celebrate their own families, express gratitude, offer forgiveness, or share meaningful moments with loved ones across generations. This week is an opportunity to uphold the value of life and to live out our calling to love one another within our homes, communities, and the world.

DEVELOPMENT AND PEACE *TURN DEBT INTO HOPE*

Development and Peace – Caritas Canada would like to thank its members, partners and the Canadian public for their strong engagement in making our campaign and its culminating event a success. On April 28, an event was held on Parliament Hill in Ottawa to mark the conclusion of the global Jubilee campaign, *Turn Debt into Hope*. Bearing piggy-bank piñatas and a scale symbolizing the burden of debt on countries of the Global South, over 85 people from across Canada rallied to show their commitment and to call on the government to use its position as a global leader to act on unjust debt. [Read more here](#).

YOUNG CATHOLICS OTTAWA PENTECOST MASS & BONFIRE FARM PARTY

Calling all young adults (ages 18–35)! Join us on May 24th to celebrate Pentecost with a Young Adult Mass presided by Archbishop Marcel Dampousse, followed by a bonfire party! Enjoy food & drinks, great music, s'mores, and a night of fellowship around the fire! Date: **May 24**; Mass Time: 7:00 PM, followed by bonfire party; Mass Location: Holy Spirit Parish, 1489 Shea Rd.; Party Location: 2957 Shea Rd.; Ages: 18–35; Donation of \$10 appreciated at the party. Need a ride or can offer one? Reach out to [Young Catholics Ottawa](#). Event details: <https://tinyurl.com/PentecostMassandParty>.

TOWARDS A SPIRITUALITY OF SYNODALITY

You are invited to the one-year anniversary event of Concerned Lay Catholic’s Pilgrims of Hope: Journey of Encounter in Waterloo on Thursday, **June 4**, 6-8pm! Concerned Lay Catholics, the Centre Oblat, the Star of North & Galilee Centre are co-hosting an interactive webinar featuring roundtable conversations on the topic of the spirituality of Synodality. [Register here](#).

CONVERSATIONS FOR OUR TIME: SYNODALITY

Once again, St. Basil’s is extending an invitation to their Zoom webinar series, Conversations for Our Times. The webinar is on Sunday, **June 7** at 2:30pm and the topic is the Synodal Church. We will be learning what has been happening in the Catholic Church in follow up to the Synodal Sessions of 2023 and 2024, and discussing how we, as Catholic parishioners, can continue to be part of the Synodal spirit. [Registration is required](#).

INTERNATIONAL POTLUCK, SUNDAY, MAY 24 AFTER MASS

The Social Committee of Canadian Martyrs Parish invites you to participate in an international potluck lunch on Sunday, May 24 after the 10am Mass. There will be food, music, dress and decor from around the world, trivia and dance lessons at the upper cafeteria at Immaculata High School! Bring a dish to share and meet friends old and new!



By May 17th:

Sign up to attend on the sheet at the back of the church or [click here](#) and tell us what food you will bring to share. Please help us to balance the meal by keeping the overall numbers of appetizers, main courses, side dishes and desserts as even as possible!

Note: There are 3 ovens and 2 refrigerators at the parish centre. Food can be heated or chilled during Mass and carried over to Immaculata after Mass. Crock pots can also be plugged in at Immaculata.

Choose 3-5 songs from your culture (include title and artist) and add them on the song list.

You can find the list at the back of the church and by [clicking here](#). Your songs will be added to a playlist for the potluck.



On the May 16/17 weekend:

Bring something from your culture that you can lend to help decorate the Immaculata cafeteria for the potluck. Clearly label the object with your name and the culture represented and leave it in the box marked "Potluck decor" at the back of the church before or after Mass.

Possible items include: a textile (flag, scarf, cloth) or object (basket, poster, etc.) Please, nothing valuable, breakable or unsafe. Objects can be picked up on the May 30/31 weekend, after the Masses.



For May 24th:

Food: Make a traditional dish from your culture to share. Please no nuts. Clearly label your dish with a list of the ingredients it contains, and if it needs to be heated or chilled during Mass. Bring it to the parish centre between 9 and 10am on Sunday, May 24. Take it to the Immaculata cafeteria after Mass. Please plan ahead for carrying hot dishes.

Dishware and tableware: Label and bring plates, bowls, cups/mugs and cutlery for yourself and anyone else in your party.

Dress: Wear traditional clothing from your culture.





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